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SAVE THE DATE:

January 30, 2013

Health Literacy Nebraska-Statewide Summit: Learn from people across the state, share your experience, and be a part of the health literacy solution in Nebraska. Contact healthliteracyNE@gmail.com or 402.937.8840 for more info.

SAVE THE DATE:

February 9, 2013

Love It or Hate It - Cupid Run

-A 5K run benefiting [Family Health Services](#), where singles or couples in love dress in red and singles or couples protesting Cupid wear black and each group runs in a different direction.

e-Vision Newsletter

Envisioning Lincoln as the Healthiest Community in the Nation!

CHE Joins in Celebration of Union Plaza Park

On September 13, 2012 the community came out to celebrate the Grand Opening of Union Plaza, a six acre urban park located north of O Street, between 21st and 22nd Streets in the heart of central Lincoln. As a resident of the new park, CHE joined in the celebration and opened



its doors to the public, offering free Hands-Only CPR training and 9-1-1 call simulations. Visit [Union Plaza Grand Opening](#) to view photos from that evening or [Union Plaza News](#) to read more about the event.

Mental Illness Awareness Week Events

To help raise awareness of mental illness, CHE is again helping to sponsor educational activities during Mental Illness Awareness Week. Events this year include:

Special Community Presentation, free and open to the public:

Piles Upon Piles: Helping People Who Hoard

Wednesday, October 10; 7-8:30 p.m.

BryanLGH Medical Center East

Plaza Conference Center, 1500 S. 48th Street

Special Educational Event for Clinical Psychologists, Social Workers, LDAC and LMHPs

Buried in Treasures: Understanding and Treating Hoarding Disorder

Thursday, October 11; 8:30 a.m.-4:30 p.m.

BryanLGH Medical West Conference Center, 2300 S. 16th Street

Read the [brochure](#) or [register online](#) to attend either event.

CHE Sponsors 2nd Annual Streets Alive!

CHE was once again a lead

SAVE THE DATE:

May 15 and 16, 2013

"Moving Toward Happiness: One step at a time" (session for the general public) - 5/15/13 at 6:00pm

"Rebranding Health as Well-being: the secret to lasting motivation and behavior" (session for professionals) - 5/16/13 at 8:30am

*Both sessions feature [Dr. Michelle Segar](#) and focus on making and sustaining change, specifically in the area of physical activity. The events are offered by [Aging Partners](#).

CHE Community Room

CHE is pleased to offer community space to local nonprofits for business related purposes without charge during regular business hours. Contact Jodi at jodi.loos@chelincoln.org for more information and to make reservations.

CHE Board of Trustees

Michael J. Tavlin - Chair
 Kimberly A. Russel - Vice Chair
 Doug Ganz - Secretary
 Britt Miller - Treasurer
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sponsor of Streets Alive! that took place on September 9, 2012. The second year brought more participants, exhibitors and musicians into the streets and city parks. Click on [Streets Alive! 2012](#) to see more photos from this year's event. CHE would like to thank Partnership for a Healthy Lincoln for organizing the event and the many volunteers and other sponsors that helped make the event a success!



Carol Jess, Event Organizer, Bob Rauner M.D., Director of Partnership for a Health Lincoln (PHL), and Micheal Thompson, PHL Board Member

Health Care Reform Implementation

The Affordable Care Act (ACA) became law on March 23, 2010. The law puts in place comprehensive health insurance reform that will roll out over four years and beyond, with most changes taking place by 2014. So ***What's Changing and When?*** See an easy to read [timeline](#). Notable changes for 2013: Effective January 1, 2013 the ACA expands the number of Americans receiving preventive care by providing new funding to state Medicaid programs that choose to cover preventive services for patients at little or no cost. Effective October 1, 2013, states will receive two more years of additional funding for the Children's Health Insurance Program (CHIP).

Learn more about the law at www.healthcare.gov.

Behavioral Health Providers Improve Process

Five local behavioral health providers embarked on a Process Improvement Project during the past year. The project, organized by the Human Services Federation and supported with funding from CHE, utilized NIATx - a model of process improvement specifically designed for behavioral health care settings to improve access and retention in treatment. Participating organizations included St. Monica's, who had a goal of reducing medication errors by 30%, but actually achieved a 75% reduction in errors.

Learn more about NIATx and other process improvements in local agencies at: <http://hsfed.org/uploaded/NIATxSummationConference-BCompatibilityMode.pdf>

CHE Thanks Longtime Trustees

Alison Larson and **Maria Prendes Lintel, Ph.D.** each served six years as a Trustee to CHE. They were appointed by Mayor Chris Beutler in September 2007 and completed their terms of service in August 2012. We thank them for their commitment and service to CHE and the community!



Alison Larson & Maria Prendes Lintel, Ph.D.

Charles Wilson, M.D.

CHE Staff

Lori Vrtiska Seibel -
President/CEO
Stephanie Harley Eells -
Project Manager
Jodi Loos - Office Manager

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Mayor Appoints Two New Trustees to CHE Board

Mayor Chris Beutler recently appointed two new members to the CHE Board of Trustees, **Georgia Blobaum** and **Carole Burt**. Ms. Blobaum is the Director of Operations at Advanced Medical Imaging (AMI) and previously served on the Health Management Associates Steering Committee that studied the healthcare safety net in Lincoln in 2011. Ms. Burt is a former Grant Administrator for Elliott Elementary and brings a great deal of board experience to the CHE Board of Trustees having volunteered with the Board of Directors for the YWCA, Planned Parenthood, and Lincoln Arts Council.

Interested in being a Trustee? A term of service on the Board of Trustees is three years and Trustees can serve up to two terms. Click on [service](#) to learn more about the CHE Board of Trustees and other Mayoral appointed boards and committees.

About the Community Health Endowment: CHE is a municipal endowment dedicated to improving the health of all individuals in the Lincoln community. CHE was created as the result of the sale of Lincoln General Hospital and was established to provide funding to health related programs to further the health, safety, or welfare of the residents of the city of Lincoln. Since inception in 1998, CHE has provided more than \$17 million in grants to local agencies and organizations. **Want to learn more?** CHE staff are available for community presentations regarding the work of CHE and CHE related projects. Contact Jodi for further information.

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