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[Girls on the Run of Nebraska - 5K Race](#)

CHE is proud to help support Girls on the Run (GOTR) of Nebraska, an after-school program that combines exercise, education, mentoring, and "Girl Power" to promote healthy habits and self-esteem in young girls.

This year's program will culminate with the Girls on the Run (GOTR) 5K on May 12 in Lincoln. The race takes place at 1:00 p.m. on the East Campus of the University of Nebraska-Lincoln. Learn more at [GOTR](#).

## Special Showing of "BULLY"

10 Health, 5 CITY-TV and partners will present a special showing of the documentary movie, "Bully" at 9:00 a.m. on Saturday, May 12, 2012 at the Grand, 1101 "O" Street. The viewing will be followed by a panel discussion led by Dr. Susan Swearer, a UNL psychology professor and Co-Director of the Bullying Research Network. Discounted tickets will be provided to encourage students to attend, with a limited number of free tickets available.

Contact Diane Gonzolas, Citizen Information Center, at 402-441-7831 or Bill Luxford, 5 CITY TV, at 402-441-6688 for information.

[Media](#) about the event.

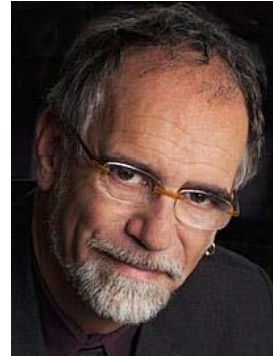
[2nd Annual Statewide Behavioral Health Conference](#)

## CHE Annual Meeting to Feature Joe Flower

### Register NOW - June 25, 2012

With more than 30 years of experience, Joe Flower is a premier observer and thought leader on the forces changing healthcare in the United States and around the world. As a healthcare speaker and writer, he has explored the future of healthcare with clients ranging from the World Health Organization, the Global Business Network, and the U.K. National Health Service, to the majority of state hospital associations.

Flower is a systems thinker and a change agent and has incorporated these concepts into his forthcoming book, "Healthcare Beyond Reform: Doing It Right For Half The Price." Regardless of your position on healthcare reform, you will benefit from his discussion on the need to think differently about the delivery of healthcare and human services.



BryanLGH Plaza Conference Center  
1600 S. 48th Street, Lincoln, NE  
Monday, June 25, 2012  
3:00 p.m. - 4:30 p.m.

This event is free and open to the public. [REGISTER ONLINE](#) or call 402-436-5516.

## Dawes ENERGY Challenge & Run/Walk

### Dawes ENERGY Challenge

The Dawes ENERGY Challenge is a FREE 6-week training program for families and individuals to prepare for the Cornhusker State Games

ENERGY 5K Run and 2-mile or 10K (6.1 mile) ENERGY Walk on July 21, 2012.

Teach a Kid to Fish, the Northeast YMCA and Dawes Middle School have developed an inclusive program that teaches participants the basics of walking and running and how to build an overall foundation of fitness. CHE is proud to help sponsor the Dawes ENERGY Challenge by providing scholarships to participate in the ENERGY events. To learn more about the program, click [Dawes ENERGY Challenge](#).

### ENERGY RUN/WALK

[Teach a Kid to Fish](#) is partnering with the [Nebraska Sports Council](#) to feature the ENERGY Event, a community walk/run on Saturday, July 21, 2012 in conjunction with the Annual [Cornhusker State Games](#). Partial proceeds of the event will benefit Teach a Kid to Fish, a local non-profit working to prevent and reduce childhood obesity by empowering children and families to eat healthy and be active. [Register for the ENERGY RUN/WALK](#).

For sponsorship information or for questions contact Todd Fitzgerald at 402-617-7333 or [tsfitzy@gmail.com](mailto:tsfitzy@gmail.com)

## CHE Supports Bicycle Education & Bike Tour

### Bicycle Education Classes Offered Throughout Summer

Through a CHE grant to the Lincoln-Lancaster County Health Department and El Centro de las Americas (El Centro), the Lincoln community can participate in bicycle education and safety classes and organized rides. The next education class is being offered in preparation for the upcoming Lincoln Summer Bike Tour organized by El Centro. Registration for this class is now full, however, additional classes will be offered throughout the summer.



"Success, Hopes, and Dreams 2012," Nebraska's Statewide conference will be May 21-23 at the Cornhusker Hotel in Lincoln. CHE is proud to help support this event focusing on mental health, substance abuse, and problem gambling. [CLICK](#) for more information or contact Pat Talbott at 402-441-4373.

## Juneteenth Celebration

Saturday June 16, 2012  
11:00 am - 5:00 pm  
Trago Park, 22nd & U Street

The annual Clyde Malone Community Center Juneteenth Celebration will include health information, kids activities, entertainment and more. Call the Malone Center for more information: 402-474-1110.

## Streets Alive! 9/9/12

Save the date for the second annual [Streets Alive!](#) event on September 9, 2012 from 12:30 - 5:00pm in Lincoln. Contact Carol at [cjess@healthylincoln.org](mailto:cjess@healthylincoln.org) to get involved!

## Current Project Partners

[Brain Injury Association of Nebraska](#)  
[BryanLGH Health System](#)  
[CEDARS Youth Services](#)  
[Center For People In Need](#)  
[City of Lincoln](#)  
[Cleaner Greener Lincoln](#)  
[Community CROPS](#)  
[Cornhusker Place](#)  
[eBHIN/Southeast Nebraska Behavioral Health Information Network](#)  
[El Centro de las Americas](#)  
[Family Health Services, Inc.](#)  
[Family Violence Council](#)  
[Fresh Start Home](#)  
[Food Bank of Lincoln](#)  
[Friends of Woods Tennis, Inc.](#)  
[Friendship Home](#)  
[Human Services Federation](#)  
[Lancaster County Medical Society](#)  
[Leadership Lincoln](#)  
[Lincoln/Lancaster County Health Department](#)  
[Lincoln Literacy Council](#)  
[Lincoln Medical Education Partnership](#)  
[Matt Talbot Kitchen & Outreach](#)  
[Mental Health Association of Nebraska](#)  
[Nebraska Appleseed](#)  
[MilkWorks](#)  
[Partnership for a Healthy Lincoln](#)  
[People's Health Center](#)  
[Prescott Park and Outdoor Classroom/LPS Foundation](#)  
[Region V Systems](#)  
[Saint Elizabeth Regional Medical Center](#)  
[Seniors Foundation](#)  
[Sunrise Communications/KZUM Radio](#)  
[Teach a Kid to Fish](#)  
[The Hub](#)  
[The Salvation Army](#)

## Board of Trustees

The bicycle education classes are provided by trained instructors through the League of American Bicyclists and include four hours of technical training and four hours of practice riding. Contact Michael Heyl at the Lincoln-Lancaster County Health Department for information and enrollment at [mhey1@lincoln.ne.gov](mailto:mhey1@lincoln.ne.gov) or 402-441-8042.

The Lincoln Summer Bike Tour organized by El Centro is a series of ten rides held every Tuesday from 6-8 p.m. and Sundays from 2-4 p.m. beginning May 15, 2012. Rides range from 3-7 miles and include various destinations across Lincoln. Tour sessions will include a variety of educational activities, including health screenings, and fitness, nutrition and safety education. For more information contact El Centro at 402-474-3950 or [elcentro2032@gmail.com](mailto:elcentro2032@gmail.com).

## Project A.L.L. Changing the Face of Board Leadership

### Diversifying Non-Profit Boards and Government Committees

Project A.L.L. - Academy for Local Leadership is in its fifth year of operation and has already made a large impact on the Lincoln community. According to a recent placement report, participants now serve on the Boards of Directors of 15 non-profit agencies, many more are involved through volunteerism and committees with over 12 agencies, and 7 have received Mayoral appointments to community boards and commissions, including the Mayor's Multicultural Advisory Committee, Citizen Police Advisory Board, Parks & Recreation Advisory Board, and the Commission on Human Rights.

Project A.L.L. was created to equip, encourage, and recruit ethnic/minority individuals for meaningful roles of governance and service on governmental and non-profit boards. Since inception five years ago, 54 individuals have completed the program and 10 more are in the current class. The project also provides education to community organizations and agencies about the recruitment and retention of traditionally under-represented groups and the benefits of diverse leadership.

The program is run by Leadership Lincoln and is supported by funding from the Community Health Endowment (CHE). Learn more about Project A.L.L. and other leadership opportunities through [Leadership Lincoln](#) or view [City Focus](#) - 5 City TV program featuring Project A.L.L. graduates.

## CHE Moves into Active Living Center

### Community Space Available to Non-Profits

The Community Health Endowment (CHE) office was built in part to serve as a community meeting location. CHE is pleased to offer this resource to local nonprofit organizations for business related purposes without charge, Monday through Friday, between 8:00 a.m. and 4:00 p.m. Ineligible activities include private parties, religious services, fundraising, and sales solicitations. The meeting room will be available on a first come, first serve basis. Capacity is table seating for 24 and assembly seating for 60. [Contact CHE](#) to inquire about using the community room.



## Mayor's Bike to Work Week & Lincoln Commuter Challenge

### "Get Up & Ride Bicycle Challenge"

The Mayor is again supporting [Bike To Work Week](#) to promote bicycling as a healthy and environmentally friendly means of travel to work. The Mayor's Bike To Work Week is May 11-18, 2012 and has two events scheduled. The first event, Friday May 11, is a Bike To Work ride and program starting at 7:30 a.m. from local bike shops and ending at Pershing Auditorium at 8:00 a.m. The second event is Friday, May 18 and is an Ice Cream Social for anyone riding their bike to the new Jayne Snyder Trails Center at 21st & Q Streets from 4:30 p.m. to 6:30 p.m. Resources: [FLYER](#) & [PLEDGE SHEET](#)

The Mayor's Office, as well as Cleaner Greener Lincoln, WasteCap Nebraska, Lincoln-Lancaster County Health Department, BicycLincoln, and WorkWell also invites you to participate in "[The Get Up & Ride National Bicycle Challenge](#)" from May 1 through August 31, 2012. This is a new, national program to encourage people to bike for transportation and recreation. It is free and open to anyone who lives in the U.S. or works for an organization with U.S. employees.

Prizes will be awarded locally and nationally at the end of the challenge. A local Challenge Prize Party will be held in September. As of May 2, 2012, Lincoln was in 5th place for community participation with 360 riders and 47 teams!

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Kimberly A. Russel - Vice Chair  
Doug Ganz - Secretary  
Britt Miller - Treasurer  
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Community Health Endowment of Lincoln | P.O. Box 81309 | Lincoln | NE | 68501

Further information about the "Challenge" and how to sign up can be found at: [www.endomondo.com/campaign/national](http://www.endomondo.com/campaign/national) For local information contact [info@bicyclincoln.org](mailto:info@bicyclincoln.org) or [damon@cycleworksusa.com](mailto:damon@cycleworksusa.com).

## About the Community Health Endowment

The **Community Health Endowment** (CHE) of Lincoln is a municipal endowment of the City of Lincoln, created in 1998 as a result of the sale of Lincoln General Hospital. The vision of CHE is "**to make Lincoln the healthiest community in the nation.**" To further this vision, CHE has invested nearly \$16 million in grant funding to Lincoln area non-profits working to improve the health and well-being of the community. CHE places an emphasis on building on Lincoln's strengths, serving those at highest risk for the poorest health outcomes, and pursuing effective community collaborations.

Community Health Endowment of Lincoln  
250 N. 21st Street, Suite 2  
Lincoln, NE 68503  
402-436-5516

**Want to learn more about the Community Health Endowment?** CHE staff are available for community presentations regarding the work of CHE and CHE related projects. Contact Jodi today for further information.

