

The vision of the Community Health Endowment is to make Lincoln, Nebraska, the healthiest community in the nation.

OUR VALUES

STEWARDSHIP

Using resources prudently, while growing and preserving assets.

COLLABORATION

Partnering to build healthy children, families, and neighborhoods.

COMMUNITY EXPERTISE

Valuing good ideas from the heart of our community.

INNOVATION

Finding new and better ways to improve the health of our increasingly diverse community.

For more information, contact



P.O. Box 81309 Lincoln, NE 68501
www.CHELincoln.org

A MUNICIPAL FUND OF THE CITY OF LINCOLN

If you wish to make a gift to the Community Health Endowment of Lincoln, please contact the President/CEO, Lori Vrtiska Seibel.



Investment Summary

BALANCE SHEET

	2006*	2007
ASSETS		
Cash and cash equivalents	\$ 5,947,050	\$ 5,717,550
Investments	41,316,710	44,270,030
Invested securities		
lending collateral	3,870,941	4,749,143
Accrued interest receivable	166,877	159,949
Due from other funds	65,832	30,235
Total	\$ 51,367,410	\$ 54,926,907
LIABILITIES		
Accounts payable	\$ 67,925	\$ 54,001
Accrued liabilities	4,482	5,455
Due to other Governments	13,136	39,407
Obligations under securities lending	3,870,941	4,749,143
Total	\$ 3,956,484	\$ 4,848,006
FUND BALANCE:		
Reserved for health care (nonexpendable)	37,000,000	37,000,000
Unreserved	10,410,926	13,078,901
Total Fund Balance	\$ 47,410,926	\$ 50,078,901
Total Liabilities and Fund Balance	\$ 51,367,410	\$ 54,926,907

A complete audit by BKD, LLC is on file and is available upon request.

* Restatement for an error relating to the number of shares owned in a mutual fund, which resulted in an increase in the fair value of investments at August 31, 2006. This restatement increased previously reported assets and fund balance as of September 1, 2005, and investment income for 2006.

Special Projects & Targeted Initiatives

(continued)



Joel Hubka (right), a Pershing Elementary student, accepting a grand prize won through his participation in the 2007 Health Challenge.

Lincoln's Health Challenge

Lincoln's Health Challenge, a citywide initiative that began in 2002, is aimed at engaging the entire community in healthy behaviors each spring. Participants can become eligible for incentive prizes by completing nutritional, physical, and healthy living activities each day over a three week period. In 2007, more than 6,000 individuals age 3 and older took the challenge and prizes were distributed to hundreds of participants.

Making A Difference Recognition

CHE and the Lincoln Journal Star team up monthly to sponsor "Making a Difference" ads to recognize special programs or individuals who volunteer and the non-profit agencies to which they give their time and talents to make Lincoln a healthier community.

Those recognized in 2007-08 included:

- > **DuWayne Carlson, M.D.**, an orthopedic surgeon, and **Spenser Hammer, P.A.**, a physician assistant, who volunteer their specialty care services to patients at People's Health Center.
- > **Dr. Chuck Genrich, Dr. Roger Fisher, and Dr. Brian Melvin**, dentists who provide free dental care through Clinic with a Heart.

> **George Myers** volunteers his time and agricultural and gardening expertise to the Community CROPS program.

> **Ann Linneman, Jim Richstatter, Alleson Deaust, John Linscott, Jeff Jedlicka, Nicole Schroeder, Tiffany Neely, and Jessica Skowland**, volunteer with the Drug Crisis Line run by CenterPointe, which provides 24-hour drug-related crisis assistance to the community.

> **Klara Schuman, Kathy Stewart, Judy Ganoug, Aaron May, Nikki Turner, and Kay Marti**, volunteer and serve as board members for St. Monica's.

> **Cathy Sayre, Chris Sayre, Carrie Rodgerson, Jill Pickering, and Ellen Kapperman**, volunteers with the Neighborhood FOOD program, helping to provide food and needed resources to low-income/high-need individuals.

> **Robin Michael**, a tenant and volunteer, gives of her time to the Interfaith Housing Coalition, The Ambassador & President Apartments.

> **Oscar** and his owner **Judy Burke**, an Angel Dog volunteer team at Madonna Rehabilitation Hospital.

> **Over 100 volunteers** who provide free tax preparation assistance across Lincoln through the Lincoln CASH (Creating Assets, Savings, and Hope) Campaign.

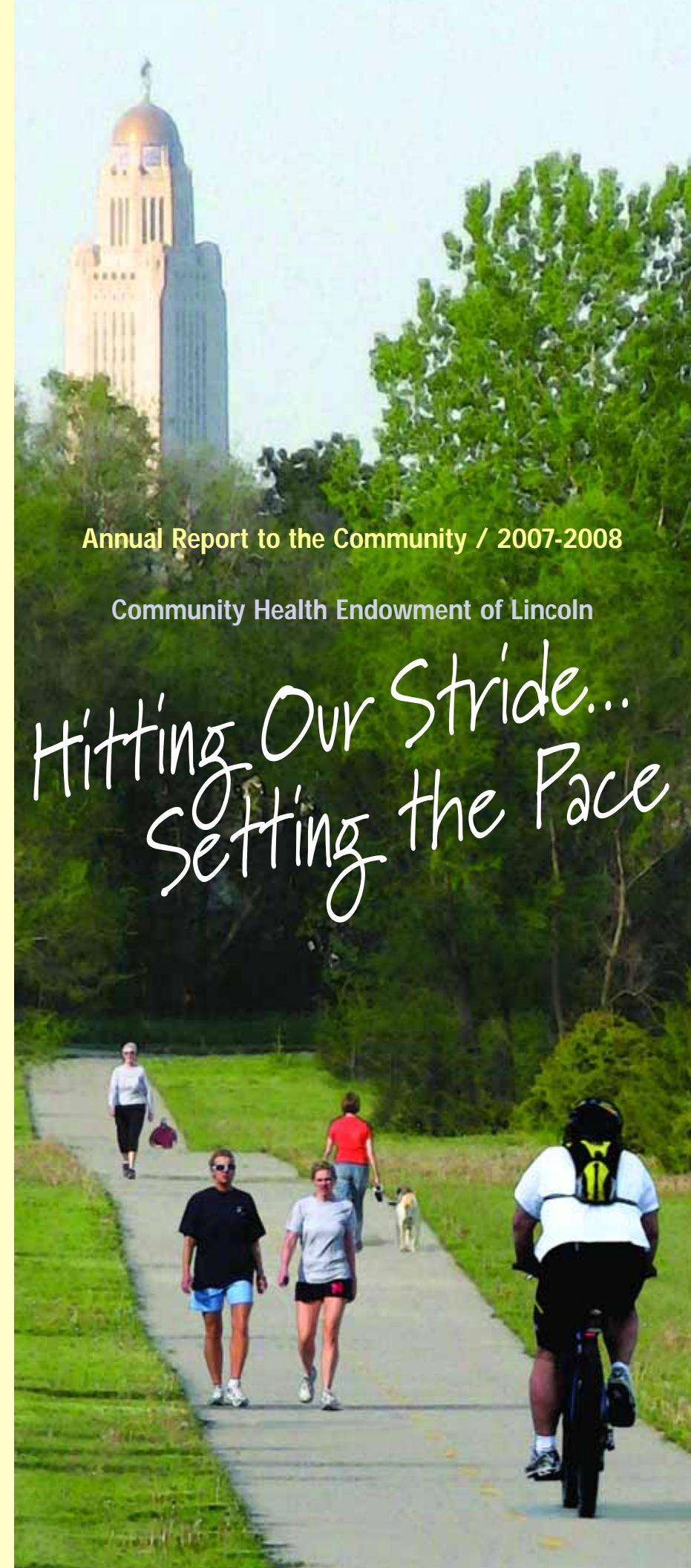
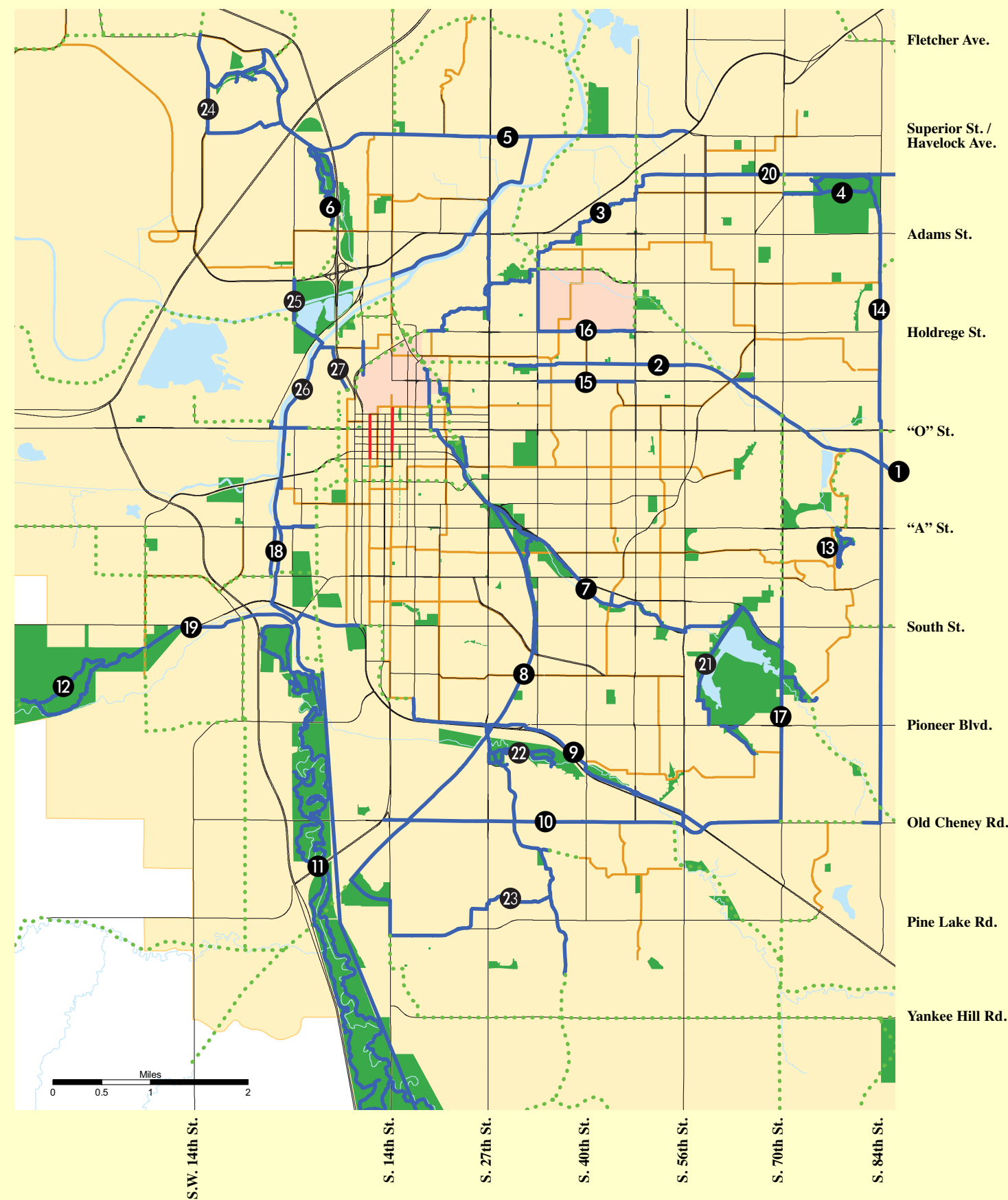
> **Dr. Marlon Weiss**, and many volunteer physicians with the "Family Doctor of the Day" program coordinated by the Nebraska Academy of Family Physicians, who provide physician coverage at the State Capitol.

> **Dr. Charles Erickson**, a pediatrician, who volunteers his specialty care services to patients at People's Health Center.

Lincoln Trail Network

This map illustrates the many trails carved throughout Lincoln for recreational and commuter use. Trails reach from the outer edges to the very heart of our city, connecting all corners of our community. We encourage you to use this map to travel along these trails, to tour unfamiliar neighborhoods and districts, and to enjoy physical exercise for good health.

- MoPac East Trail, 33rd & X St. to 84th & Hazelwood
- MoPac Trail, 33rd & Vine to 84th & O St.
- John Dietrich Bikeway, 27th & Leighton to 48th & Fremont
- Mahoney Park, 70th & Fremont
- Superior St., 1st to 56th & Superior
- Roper West Park Trail, 5th & Judson
- Billy Wolf, 33rd to 70th & Normal
- Rock Island, 19th & Vine to Pine Lake Rd.
- Highway 2, 20th to 56th & Hwy 2
- Old Cheney, 14th to 70th & Old Cheney
- Wilderness Park, 1st & Van Dorn to 27th & Saltillo Rd.
- Pioneers Park, S. Coddington & W. Calvert
- Trendwood, 77th & A St.
- 84th Street, 84th & Havelock to Old Cheney
- Vine, 33rd to 48th & Vine
- Holdrege, 33rd to 48th & Holdrege
- 70th Street, 70th & Pioneers to South St.
- Salt Creek, 1st & A St.
- Bison Trail, W. Van Dorn
- Murdock Trail, 50th to 112nd & Colfax Ave.
- Holmes Dam, 70th & Normal
- Tierra Park, 27th & Tierra Dr.
- Williamsburg Park, 32nd & Raleigh
- Highlands Trail, 1st / N.W. 12th & Superior / W. Fletcher
- Oak Lake Trail, Sunvalley Blvd. to 1st & Cornhusker
- Salt Valley Levee Trail, Sunvalley Blvd. to 1st & Calvert
- Haymarket Trail, Sunvalley Blvd. to 8th & R St.



Annual Report to the Community / 2007-2008

Community Health Endowment of Lincoln

Hitting Our Stride...
Setting the Pace



Hitting Our Stride...
Setting the Pace

Leadership

2007-2008 Board of Trustees

CHAIR
Dan Anderson
Pittenger & Anderson, Inc.

VICE CHAIR
Richard Boucher
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SECRETARY
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Community Volunteer

TREASURER
Bill Lester
Summit Investment Advisors, Inc.

Lois Baldwin
Community Volunteer

Bruce Dart, Ph.D.
Lincoln-Lancaster County Health Department

Chuck Erickson, M.D.
Community Volunteer

Charlene Gondring
Nebraska Department of Health & Human Services

Robert J. Lanik
St. Elizabeth Regional Medical Center

Alison Larson
Community Volunteer

Helen Meeks
Nebraska Department of Health & Human Services

Maria Prendes-Lintel, Ph.D.
The Wellness Center, P.C.

Kimberly A. Russel
BryanLGH Health System

Michael J. Tavlin
Speedway Motors, Inc.

Ed Wimes
University of Nebraska

Ex-Officio Advisor to the Finance Committee

Clay F. Smith
Speedway Motors, Inc.

Community Health Endowment Staff

Lori Vrtiska Seibel
President/CEO

Stephanie Harley
Project Manager

Jodi Loos
Office Manager

Above photo (l to r): Jodi Loos, Charlene Gondring, Kimberly Russel, Dr. Chuck Erickson, Rick Boucher, Dr. Maria Prendes-Lintel, Helen Meeks, Mary Jane Humphrey, Stephanie Harley, Ed Wimes, Mike Tavlin, Alison Larson, Lois Baldwin, Bill Lester, Dr. Bruce Dart, Lori Seibel, Dan Anderson. (NOT PICTURED: Bob Lanik)

Nearly a decade ago, CHE embarked on a path to "create the healthiest community in the nation." The journey started without a map and in largely uncharted territory. Along the way, our path has traversed many different landscapes, providing both challenge and risk, but also giving us great satisfaction. Our path has crossed and converged with many other trails, allowing us to broaden our perspective, gain insight from others who have traveled this way before, and to imagine the many different routes to our destination.

Over the years our journey has given way to a steady run and we can now say that we have hit our stride. Some of our original signature projects, such as ED Connections and the Medication Assistance Program (MAP), are ending their grant-funded relationship with CHE this year. However, like a proud parent, we puff out our chest a bit as we see these important projects sustained to continue their considerable impact on our community. We value and pursue these types of partnerships and are pleased to have provided 255 awards to 71 agencies to achieve our vision.

There is plenty of trail behind us, and our focus is on maintaining the pace for our journey ahead. Experience gives way to confidence, allowing us to take risks on innovative projects and to think bigger and more boldly about the impact CHE can have on our community.

In the following pages you will see how we continue to push forward with high expectations for real results. Underlying it all you will see the trail system in Lincoln. This series of paths represents our journey as well. Just as these trails are carved into our city, from its edges to its heart, we trust that our journey toward a healthier community will touch every corner of Lincoln. We have hit our stride and set our pace, but, in many ways, the race toward becoming the healthiest community in the nation has only just begun.

Dan Anderson, *Chair*

Lori Vrtiska Seibel, *President/CEO*

Trustee Council Members

In 2005, a Trustee Council comprised of former Trustees was created. This special council was established so the current Trustees could draw upon the vast knowledge of those who had come before them. We are excited to report that all former members of the CHE Board of Trustees agreed to be a part of this important council.

Mike Alesio
Helen Boosalls
Molvina Carter
Christi Chaves
Janet Coleman
Dr. Tim Fischer
Marsha Lommel
Shirley Marsh
Glory Meakin, D.D.S.
Rene Ojeda
Carol Ott Schacht
Michelle Pedersen, M.D.
Richard Peterson
Marty Ramirez, Ph.D.
Debra Shoemaker
Clay F. Smith
Michael J. Tavlin
R. Lynn Wilson

Past Presidents

Marsha Lommel
Madonna Rehabilitation Hospital (1998-2000)

Michelle Petersen, M.D.
Capital City Pediatrics (2000-2001)

A. Mike Alesio
Valentino's (2001-2003)

Christi Chaves
Saint Elizabeth Regional Medical Center (2003-2005)

Janet Coleman
Community Volunteer (2005-2006)

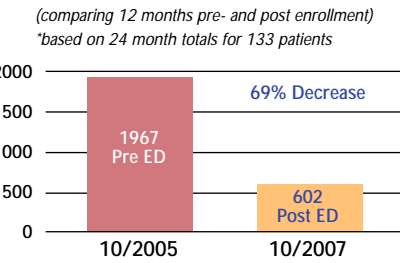
Special Projects & Targeted Initiatives

ED Connections

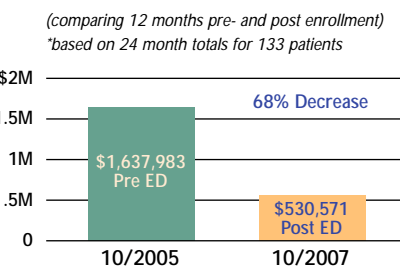
Since beginning almost three years ago, ED Connections has consistently shown successful results. The project, operated jointly by BryanLGH Health System and Saint Elizabeth Regional Medical Center, was created as a patient-centered case management program focused on patients who frequently use more costly emergency departments for non-emergent care. The goal is to connect these patients with a medical home, link them to appropriate community resources, and achieve healthier outcomes.

The project has demonstrated a very positive impact on the community and the 133 clients served. In the first two years, ED visits for enrollees decreased 69% and charges associated with these visits dropped 68%. All enrollees were assigned a primary care physician and 73% have increased their knowledge of healthcare choices. Enrollees, physicians, and community service providers report an overwhelming satisfaction with the program. The program has achieved ongoing sustainability beyond CHE funding and will continue as a valuable service provided by local hospitals.

GOAL: Decrease ED Visits by 50%



GOAL: Decrease ED Costs by 50%

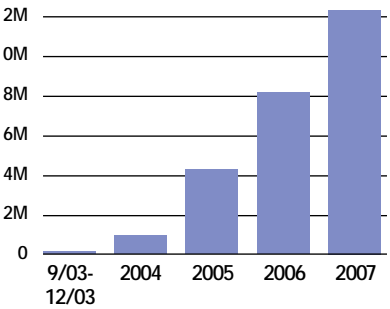


Medication Assistance Program (MAP)

Our community's most vulnerable residents can obtain needed medications through MAP, a program that accesses free medications through national drug programs. The program, a collaborative effort with the Lancaster County Medical Society, has saved clients and the community more than \$12 million in medication costs since September, 2003. Due to the tremendous impact of MAP, CHE has committed to co-sponsoring the program through 2011.

Medication Assistance Program

Cumulative Savings:
September, 2003 – December, 2007



Health360°

CHE has made a special commitment to assuring access to healthcare and supportive services to uninsured residents of Lincoln/Lancaster County. Through the Health360° network, a collaborative effort of non-profit providers of healthcare to the uninsured, CHE is working to improve Lincoln's healthcare system for individuals and families living at or below poverty. Health360° attempts to find a permanent medical home for all uninsured and to connect them to needed services, such as medication assistance, medical transportation, interpretation, and specialty care.



Response to Methamphetamine Collaborate Planning Initiative

In 2006, CHE funded the Methamphetamine Collaborative Planning Initiative as a bold community effort to combat and prevent methamphetamine use in Lincoln. A key aspect of the project was the engagement of the community in developing the recommendations. In 2007, the project partners, the Lancaster County Substance Abuse Action Coalition and Lincoln Action Program-
"You have to be brave on some level to go to war with meth."
—Lori Seibel, as quoted in "Combating a Menacing Drug" in *The Chronicle of Philanthropy*

Lincoln Free to Grow, completed the report and CHE responded by committing funding for the following efforts:

- 1) Implementation of the Community Substance Abuse Monitoring Project (C-SAM), which involves the collection of data through interviews and urinalysis testing of recent arrestees and clients served within the community's Civil Protection Custody unit;
- 2) Investigation of and coordination with other existing data sources related to substance use/abuse within our community;
- 3) Continuation of Meth360 presentations to educate the public about methamphetamine abuse and its impact on communities;
- 4) Research to identify, evaluate, and catalog successful substance abuse prevention programs across the United States.

Collectively, these efforts are part of "A Community Compass," the substance abuse research project coordinated by Cornhusker Place of Lincoln. The project is expected to begin in May 2008.



Project ALL Advisory Committee members Ed Wimes, Amir Azimi, and Marty Ramirez, Ph.D., speak to project participants.

CHE Diversity Plan and Project ALL

The CHE Board of Trustees and staff are committed to an internal Diversity Plan with the purpose of establishing strong partnerships with minority agencies and reducing health disparities. One key goal of the Diversity Plan is to increase minority leadership on local boards. This effort began as a response to findings of the Urgent Matters report, a project conducted by the Robert Wood Johnson Foundation in conjunction with CHE. The report called for concerted efforts to include more minorities on non-profit and governmental boards and committees.

Project ALL: Academy for Local Leadership

To address this need, CHE sought the partnership of Mayor Chris Beutler's Office and Leadership Lincoln, Inc. to help launch Project ALL. The project began in March 2008 to recruit and encourage minority leaders to serve their communities through board participation. At the conclusion of the project in June 2008, 13 participants will be matched with experienced board members for ongoing guidance and support and will pledge their service on a local board or commission. Project ALL will also provide education to community organizations about the recruitment and retention of traditionally under-represented groups and the benefits of diverse leadership to their agencies.

Project ALL participants work together on a group perspective exercise.



Medical Translation & Interpretation (MTI) Leadership Group

Since being formed through a collaborative effort of the New American Task Force and CHE in 2005, the MTI Group has made great strides towards its mission and goals.

"The mission of MTI is to examine and enhance medical translation and interpretation services in Lincoln and Lancaster County through strategic leadership, innovation, collaboration, and advocacy."

Supported by a three year, \$60,000 grant from CHE, the group works to implement a community plan aimed at improving both access and quality of care to Limited English Proficient (LEP) individuals in Lincoln. During the second year of this effort, the group has focused on:

- 1) Providing education and increasing awareness of the public of MTI issues;
- 2) Offering education and training on MTI issues to health care providers;
- 3) Developing policy initiatives, including prohibiting the use of minor interpreters, requesting available federal funds to reimburse interpretation in Medicaid settings, and developing a system for credentialing interpreters in Nebraska.

Legislative Efforts

On May 13, 2008, voters passed Amendment 1, a constitutional amendment on the statewide primary election ballot. The amendment modifies restrictions on investment choices for public endowments, including CHE. As part of a broad statewide campaign, CHE provided voter education through television spots, speakers, and brochures.

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Funding Commitments FY 2007-08

MICRO-PROJECTS

Development of a local LOSS (Local Outreach to Suicide Survivors) Team
\$10,000
Community Mental Health Center

Eye Movement Desensitization and Reprocessing (EMDR) equipment to provide treatment of Post-Traumatic Stress Disorder (PTSD)
\$2,632
CenterPointe, Inc.

Development of community garden plots among low-income, refugee, and immigrant families in Lincoln.
\$7,750
Community CROPS

Specialty pantries at the Good Neighbor Community Center to provide food to diabetic individuals and persons with cultural dietary needs.
\$10,000
Good Neighbor Community Center

Support an increase in the nutritional value of the Neighborhood Food Program.
\$10,000
Center for People in Need

Support the expansion of sports and recreation activities for children and youth with disabilities.
\$6,280
Madonna Rehabilitation Hospital

Establish a health and wellness program for high-risk residents of the Ambassador and President Apartments.
\$10,000
Interfaith Housing Coalition

Establish a revolving loan fund to assist in providing professional education to medical interpreters.
\$10,000
Southeast Community College

Provide matching funds to the Backpack Program to provide fruit and milk vouchers.
\$7,000
Food Bank of Lincoln

CAPITAL CONSTRUCTION PROJECTS

Matching funds to improve the physical structure of the facility housing New Beginnings, a residential treatment program for chemically dependent pregnant women and women with children who are also experiencing domestic violence.
\$11,568
St. Monica's

SPECIAL INITIATIVES

Support for the work of the Medical Translation and Interpretation Leadership Group.
\$20,000
MTI Leadership Group/Lancaster County Human Services

Operation of Project ALL – Academy for Local Leadership, a response to the need for multi-cultural diversity on non-profit and government boards and commissions.
\$10,000
CHE, Leadership Lincoln, and Mayor Chris Beutler's Office

Continued support for Health360°, a coordinated response to assuring healthcare and supportive services to uninsured individuals in Lincoln/Lancaster County.
\$221,500
Clinic with a Heart, Community Mental Health Center, Lancaster County Medical Society, Lincoln/Lancaster County Health Department, Lincoln Medical Education Partnership, Nebraska Urban Indian Medical Center and People's Health Center

Implementation of A Community Compass, a substance abuse research project, as a response to recommendations from the Methamphetamine Planning Initiative.
\$114,024
Cornhusker Place, Inc.

CONTINUATION PROJECTS

Support the development of "Weigh Cool", a city-wide approach to combat childhood obesity and type II diabetes.
\$28,750 (year 2 of 3)
YMCA of Lincoln

Provide clinical breastfeeding assistance and nutrition education to low-income mothers and infants.
\$10,000 (year 2 of 3)
MilkWorks

Provide fresh fruit and milk vouchers for the Backpack Program.
\$16,419 (year 2 of 3)
Food Bank of Lincoln

Support for a joint project to develop and implement a formalized case management network among Lincoln's hospital emergency departments.
\$100,000 (year 3 of 3)
BryanLGH Health System & Saint Elizabeth Regional Medical Center

Support for the Medication Assistance Program (MAP), to provide medication assistance to people in need.
\$59,758 (year 3 of 3)
Lancaster County Medical Society

See Investment Summary Balance Sheet on back