

**Community Health Endowment  
Board of Trustees Meeting**

**October 26, 2016**

**Health 360 Clinic**

**2301 O Street**

**1:00 p.m.**

**Trustees Present:** (11) Carole Burt, Tom Sullivan, Tina Udell, Charles Wilson MD, Mike Molvar DDS, Don Herz, Tom Beckius, DiAnna Schimek, Jose Soto, Kim Russel, Kim Moore.

**Trustees Absent:** (4) Loren Mestre-Roberts, Judy Halstead, Rusty Vanneman, Georgia Blobaum.

**Staff Present:** (3) Lori Seibel, Marcia White, and Jodi Loos.

**Others Present:** (2) Michelle Suarez, Prosper Lincoln and Tiffany Arndt, R.N., Bryan Health

**Welcome:** Dr. Wilson called the meeting to order at 1:05 p.m. and welcomed those in attendance.

**Approval of the Agenda. Motion:** Mr. Beckius made a motion to approve the agenda. Second by Moore. **Vote:** Yes (11) Burt, Sullivan, Udell, Wilson, Molvar, Herz, Beckius, Schimek, Soto, Russel, Moore. No (0). Abstain (0).

**1. Approval of the Minutes for September 28, 2016.**

**Motion:** Moved by Molvar to approve the minutes. Second by Moore. Yes (11) Moore, Russel, Soto, Schimek, Beckius, Herz, Burt, Sullivan, Udell Wilson, Molvar. No (0). Abstain (0).

**2. Chairman's Report.**

A. Reflections on Diversity: "Smart City Planning Can Cut Deadly Diseases, Improve Air Quality" Dr. Wilson introduced the article. He stated that cities that promote walking, bicycling and public transportation can expect a drop in chronic illnesses such as heart disease, obesity and diabetes. Trustees noted that the article discussed how city design, including street layout and access to shopping within walking distance, can impact the environment and health.

B. Committee Appointments. Dr. Wilson presented his Committee assignments for FY2016-2017. The appointments were ratified by the Board.

Members of the Administration Committee: Carole Burt (Chair), Judy Halstead, Jose Soto, Chuck Wilson MD, Mike Molvar DDS, and Georgia Blobaum.

Members of the Funding Committee: Mike Molvar DDS (Chair), Tom Beckius, Georgia Blobaum, Carole Burt, Loren Mestre-Roberts, Kim Moore, DiAnna Schimek.

Members of the Investment/Finance Committee: Tom Sullivan (Chair), Tom Beckius, Don Herz, Kim Russel, Tina Udell, Rusty Vanneman, Chuck Wilson MD.

- C. Update on Trustee Appointment. Dr. Wilson noted that one appointment is pending.
- D. Martin Luther King, Jr. Freedom Breakfast. Dr. Wilson announced that the Martin Luther King Jr. Freedom Breakfast will be held on January 13, 2017. Mr. Soto noted that Dr. Hank Bounds has been confirmed as the keynote speaker. Dr. Wilson distributed an interest sheet and asked Trustees to indicate their desire to attend.
- E. Presentation: Michelle Suarez, Early Childhood Developer, Prosper Lincoln. Ms. Suarez thanked Trustees for the opportunity to present. She noted other members of the Prosper Lincoln staff and leadership, including Ms. Russel. She reviewed a history of her community involvement, including her tenure at Lincoln Public Schools. Ms. Suarez reviewed challenges and opportunities for Lincoln in the area of early childhood development. She stated that Prosper Lincoln's strategic plan is to make sure all children are ready for kindergarten through education, advocacy and transformation. She also highlighted community partnerships, meetings and outreach. Ms. Suarez left the meeting at approximately 1:25 p.m.

### **3. President's Report.**

- A. Summary of Activities. Ms. Seibel stated that a Summary of Activities for September-October, 2016 was included in the Board packet and offered to answer any questions.
- B. Cultural Center Coalition – Community Partner Award. Ms. Seibel stated that CHE was honored by the Cultural Center Coalition as Community Partner of the Year on October 19, 2016 at 11:30 a.m. Dr. Wilson also attended the event. Ms. Seibel stated that the Coalition represents the Indian Center, Asian Community and Cultural Center, El Centro de las Americas, Good Neighbor Community Center, and Ponca Tribe.
- C. Community Conversations 2016. Ms. Seibel stated that the first Community Conversations event, "Living with Severe Food Allergies," was held on November 1, 2017. The event was well attended. Two Community Conversation events remain, including "My Story: I Am Addicted to Prescription Drugs" on Wednesday, November 16 (3-4 pm) and "The Changing Landscape of Healthcare in Lincoln Revisited" on

December 7, 2013 (3-4:30 pm). The final event of the series will feature Ms. Russel, Ms. Moore, Ms. Halstead, and Les Spry, M.D. Ms. Seibel will moderate.

- D. Other. Ms. Seibel congratulated Mr. Beckius on being appointed to the Planning Commission effective January 1, 2017. She noted that, unfortunately, this means that Mr. Beckius can no longer serve on the CHE Board of Trustees effective December 31, 2016. She will work with the Mayor's office on a new appointment.

Ms. White introduced Corey Oldenhuis, student intern at CHE. She noted that he is currently redesigning the CHE website. She added that Corey prepared the social media information included in the Board packet.

Mr. Soto left the meeting at approximately 1:45 p.m.

#### **4. Finance Committee.**

- A. Treasurer's Reports for September 2016. Mr. Sullivan presented the Treasurer's Report for September, 2016. He noted no concerns. Dr. Wilson acknowledged acceptance of the Treasurer's Report.
- B. Preliminary SSgA Monthly Performance September, 2016. Mr. Sullivan noted a positive return of +0.10% for one month and +2.08% for three months. The YTD return is 8.30%.
- C. CPI Calculation. Mr. Sullivan stated that CHE continues to maintain and exceed the inflation-adjusted purchasing power of the fund.
- D. State Street Money Market Recommendation. Mr. Sullivan stated that, due to regulatory changes, the SSGA Money Market will begin to utilize a floating net asset value (NAV). Mr. Sullivan stated SSGA has recommended that CHE move to a government-backed money market. He explained that this move would slightly decrease the level of risk for CHE's cash holdings. Mr. Sullivan stated that, following review of SSGA's recommendation, there is consensus by Finance Committee members to accept the SSGA recommendation. Mr. Herz added that the City of Lincoln's Finance Department has also taken this position. **Motion:** Mr. Sullivan moved to accept the SSGA recommendation. Second by Beckius. Yes (10) Moore, Russel, Schimek, Beckius, Herz, Burt, Sullivan, Udell Wilson, Molvar. No (0). Abstain (0).

#### **5. Funding Committee.**

- A. FALL 2016 Funding Recommendations. Dr. Molvar noted that the Fall 2016 grant cycle began with 32 Stage I applications. Following Stage I and Stage II review, the Funding Committee recommends 11 applications for Board action.

Dr. Molvar requested that Trustees declare their conflicts of interest for the applications under consideration. Mr. Sullivan and Ms. Russel noted a conflict with 17.F.105 (Bryan Health Foundation). Ms. Schimek noted a conflict with 17.F.118 (Malone Community Center) and Mr. Herz noted a conflict with 17.F.114 and 17.F.115 (City of Lincoln). Mr. Herz and Ms. Burt noted a conflict with 17.F.107 (CEDARS Youth Services). Dr. Molvar stated that grants with noted conflicts will be voted on separately. He presented the projects, funding and contingencies.

#	Agency	Project Name	Funding Committee Recommendation
17.F.105	Bryan Health Foundation	Lincoln Emergency Department Peer Connections Program – Extension	\$132,811 in Year 1. <b>Contingency:</b> <ul style="list-style-type: none"> <li>The applicant will provide an updated evaluation plan that defines the metrics to be used when comparing re-admission rates for clients who receive peer services and those who do not.</li> </ul>

**Motion:** Moved by Molvar for Board approval of 17.F.105 with state contingencies. Second by Beckius. Yes (8) Beckius, Burt, Herz, Molvar, Moore, Schimek, Udell, Wilson. No (0). Abstain (2) Sullivan, Russel.

#	Agency	Project Name	Funding Committee Recommendation
17.F.118	Malone Community Center	Together We Will Get Through This: The Malone Community Center Fights Cancer	\$19,822 in Year 1. <b>Contingencies:</b> <ul style="list-style-type: none"> <li>The applicant's request for costs related to a facilitator (\$3,000) will be for actual costs only; and</li> <li>The applicant's efforts during this six-month period will include a training session for clinician's/health providers on working with diverse populations with cancer as well as planning/ hosting "Take Time for Your Health," a cancer screening and prevention effort.</li> </ul>

**Motion:** Moved by Molvar for Board approval of 17.F.118 with stated contingencies. Second by Sullivan. Yes (9) Wilson, Udell, Moore, Molvar, Herz, Burt, Beckius, Russel, Sullivan. No (0). Abstain (1) Schimek.

#	Agency	Project Name	Funding Committee Recommendation
17.F.107	CEDARS Youth Services	Coordinate Community Prevention of Abuse and Neglect of Young Children	<p>\$247,672 in Year 1, and \$276,809 in Year 2.</p> <p><b>Contingencies:</b></p> <ul style="list-style-type: none"> <li>• CHE funds will be provided as follows: Year One LLCHD (\$103,809), Year Two LLCHD (\$126,300), Year One CEDARS (\$143,863), Year Two CEDARS (\$150,509);</li> <li>• CHE funds will not be used for indirect costs;</li> <li>• CHE funds will not be used for client incentives; and</li> <li>• Year Three funding will be considered by CHE based on the following factors: progress toward stated goals, status of federal funding for Healthy Families America services in Lincoln, and alignment with emerging models/practices.</li> </ul>

**Motion:** Moved by Molvar to approve 17.F.107 with stated contingencies. Second by Sullivan. Yes (8) Beckius, Russel, Sullivan, Molvar, Moore, Udell, Wilson, Schimek. No (0). Abstain (2) Herz and Burt.

#	Agency	Project Name	Funding Committee Recommendation
17.F.114	Lincoln-Lancaster County Health Department	Dental Treatment Room Addition	<p>\$30,000 in Year 1.</p> <p><b>Contingency:</b></p> <ul style="list-style-type: none"> <li>• CHE funds will be matched dollar-for-dollar by The American Academy of Pediatric Dentistry (\$19,999) and the City of Lincoln (\$10,001).</li> </ul>

17.F.115	Lincoln-Lancaster County Health Department	Diabetes Support for the Poor & Uninsured	\$20,000 in Year 1, \$20,000 in Year 2, and \$20,000 in Year 3.
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**Motion:** Moved by Molvar for Board approval of 17.F.114 and 17.F.115 with stated contingencies. Second by Moore. Yes (9) Beckius, Burt, Russel, Sullivan, Molvar, Moore, Udell, Wilson, Schimek. No (0). Abstain (1) Herz.

17.F.07	The Bridge Behavioral Health	Peer Support for Recovery	<p>\$20,000 in Year 1.</p> <p><b>Contingency:</b></p> <ul style="list-style-type: none"> <li>• The applicant will provide an updated evaluation plan that defines the metrics to be used when comparing re-admission rates for clients who receive peer services and those who do not.</li> </ul>
17.F.08	YMCA of Lincoln	Skill Builders: Leveling the Playing Field for All Students at Elliott Elementary	<p>\$15,466 in Year 1.</p> <p><b>Contingencies:</b></p> <ul style="list-style-type: none"> <li>• The applicant will provide an updated evaluation plan that defines what metrics will be used to determine project success and determination for project continuation /expansion;</li> <li>• CHE funds will not be awarded for the purchase of iPads;</li> <li>• CHE funds will not be used for parent incentives;</li> <li>• The applicant will be encouraged to contact CLC staff at McPhee Elementary to discuss healthy snack options; and</li> <li>• The applicant (YMCA) will be encouraged to diversity its Board of Directors.</li> </ul>
15.F.108	Friendship Home	Project Safe and Well: A Replicable Model for Serving Special Populations	<p>\$66,685 in Year 1, \$67,909 in Year 2, and \$70,173 in Year 3.</p> <p><b>Contingency:</b></p> <ul style="list-style-type: none"> <li>• CHE funds will not be used for direct aid to clients, thus reducing the proposed budget by \$3,000 per year. Indirect costs will be</li> </ul>

			decreased accordingly.
17.F.117	Lutheran Family Services	Reducing and Eliminating Toxic Stress in Early Childhood as a Result of Adverse Childhood Experience	<p>\$40,000 in Year 1, \$35,000 in Year 2.</p> <p><b>Contingencies:</b></p> <ul style="list-style-type: none"> <li>• The applicant will be asked to utilize the new Therapist position to support CHE's focus on young children (0-5 years) and their families and to support CHE's priority of making "investments in early childhood that have the greatest potential to reduce health disparities over the lifespan with a special focus on adverse childhood experiences and toxic stress;" and</li> <li>• The applicant will stay informed/engaged in the Early Childhood Development agenda of Prosper Lincoln.</li> </ul>
17.F.122	Partnership for a Healthy Lincoln	2017 Streets Alive	\$10,000 in Year 1.
17.F.124	Wellbeing Initiative	The Orchard	<p>\$50,000 in Year 1.</p> <p><b>Contingencies:</b></p> <ul style="list-style-type: none"> <li>• The applicant will give special attention to developing a strong Board of Directors during the first six months of the grant period; and</li> <li>• The applicant will collaborate with the Mental Health Association of Nebraska on training for peers and peer support staff.</li> </ul>

**Motion:** Dr. Molvar moved to approve these grants with stated contingencies. Second by Moore. Yes (10) Moore, Russel, Schimek, Beckius, Herz, Burt, Sullivan, Udell, Wilson, Molvar. No (0). Abstain (0).

Ms. Seibel provided a synopsis of each grant, noting the amount of funding and the anticipated community impact.

Ms. Russel thanked the Board of Trustees for their consideration of and funding for the Peer Support project. She introduced Tiffany Arndt, R.N., Nursing Director at Bryan Medical Center. She is working on her advanced degree in nursing practice.

B. Site Visit Reports.

1. A Better Community One Child at a Time. (Boys & Girls Club). Ms. Russel stated that there was great discussion with school and Boys & Girls Club leadership about future plans. Ms. Russel stated that she had not previously toured the Boys & Girls Club and was very impressed with how Park Middle School and Boys & Girls Club are working together. She indicated that she would like to return after construction is completed. Ms. White stated that she would arrange a private tour when construction is complete. Ms. Russel added that this project demonstrates the type of collaboration the CHE encourages. Ms. Burt stated that it was impressive that 6-7 former Boys & Girls Club members are on staff. Mr. Herz stated that this construction project was one of the last projects funded out of the 2014 bond issue.
  2. The Grom Pass. (The Bay). Ms. Burt stated that the Bay is doing excellent work, increasing the scope of their programs to reach high-risk youth. The Bay staff provides mentoring, support, music, entertainment and coffee in a safe place. Ms. Seibel added that the coffee shop is intended to support Bay programs. Ms. Udell stated that the staff are passionate and take genuine interest in the youth. The indoor skate area replicates different parts of the city where skateboarding may get a skater into trouble. Mr. Sullivan stated that The Bay is a great place for youth to get positive interactions. Mr. Beckius stated that this program connects with a demographic that is sometimes difficult to reach. He stated that his initial concerns were unfounded when he met an impressive staff that is well suited for their work. Ms. Seibel stated that CHE funding has been used to replace vending machines with “Healthy Human” machines. She noted that youth have adapted quickly to the change.
6. **Correspondence/Announcements/Other.** Dr. Wilson noted numerous “thank you” notes and other items related to CHE activities.
- Ms. Seibel shared a note from a quarterly report about the importance of Dr. Castillo and the work at The Bridge Behavioral Health.
- Ms. Seibel noted that Ingrid Kirst, Community CROPS has resigned. The new Director of the agency is Ben McShane-Jewell.
7. **Trustee Tours.** Shirley Terry, COO of Health 360, conducted a tour of the Health 360 Clinic for Trustees. Vi See, Director, Community Action Partnership of Lancaster and Saunders Counties, conducted a tour of the Head Start Facility.
8. **Adjourn.** The meeting and building tours concluded at 3:15 p.m.