Windows of Opportunity



Community Health Endowment of Lincoln Annual Report to the Community 2011-2012

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Windows

"When a window of opportunity appears, don't pull down the shade." - Tom Peters

When we visit larger cities with their abundance of towering skyscrapers, we are drawn to the highest windows with the promise of the best vantage point. When we build our homes, we carefully consider the size and location of each window in order to assure the best views. Despite the harsh weather conditions. even the pioneers desired windows to see the vast expanse of prairie and the challenges that awaited them each day. There is universal delight found when a long

winter draws to a close and windows are opened to let in the first breezes of spring.

At CHE we believe that windows can represent opportunity. They can encourage a fresh perspective, a new start, and promising adventure. Windows are a far cry from a blank wall. They represent a new start, a broader viewpoint, and a clearer vision.

In this report, you will find pictures and stories of people who threw open the windows of opportunity and made the choice to embrace change and challenge. CHE has been proud to support their efforts and to be witness to their personal and professional successes. They are among

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many more individuals in our community who are eager to tell their stories and who are excited for what lies ahead. View them as witnesses of what can happen when the shade comes up and a world of opportunity lies ahead.

Join us in embracing our community, with all its successes and challenges, as we look for windows of opportunity.

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Michael A. Tavlin, *Chair*

Lori Vrtiska Seibel, President/CEO

Todd Fitzgerald & Maria Salinas Sherffius – Both participated in **Project A.L.L.: Academy for Local Leadership**, a project funded by CHE and run by Leadership Lincoln. Maria says, "Project A.L.L. has sharpened my knowledge base in order for me to be an effective board president. Additionally, the networking contacts and friends I have made during the classes have been very rewarding. Since Project A.L.L., I feel more connected to the community and that I'm making an impact that will benefit the City of Lincoln." Todd also now serves as the President of a non-profit board and was appointed by the Mayor to an Advisory Committee. Todd echoes Maria's comments and has found giving back through board service to be very rewarding and a way to make a difference in our community.



About The Endowment

CHE is a municipal endowment dedicated to improving the health of all individuals in the Lincoln community. CHE was created as the result of the sale of Lincoln General Hospital and was established to provide funding to "health and health-related programs or projects which further the health, safety, or welfare of the residents of the City of Lincoln."

Since inception in 1998, CHE has provided nearly \$16 million in grants to local agencies and organizations. CHE places an emphasis on building on Lincoln's strengths, serving those at highest risk for the poorest health outcomes, and pursuing effective community collaborations.

Our Values

STEWARDSHIP

Using resources prudently, while growing and preserving assets.

COLLABORATION Partnering to build healthy children, families, and neighborhoods.

COMMUNITY EXPERTISE Valuing good ideas from the heart of our community.

INNOVATION

Finding new and better ways to improve the health of our increasingly diverse community.

Our Mission

"To make Lincoln, Nebraska the healtiest community in the nation."

CHE Grantmaking

1) CHE accepts unsolicited requests for proposals in an open, competitive grant program, allowing agencies to submit proposals for projects which they deem most important or critical to their core mission;

2) CHE creates targeted funding areas and invites proposals from any agency with an interest and ability to address the targeted issue; and

3) CHE develops major, strategic initiatives with partners and invites one or more agencies to apply for funding based upon the identified strategy.

The grant making program is open to any nonprofit organization or governmental agency interested in improving the health of Lincoln. More information about the CHE grants program is available at www.chelincoln.org.



Destenie Commuso & James Garvey – Destenie works as a Program Coordinator at the **Keya House**, a program of the Mental Health Association of Nebraska (MHA-NE) and partially funded by CHE. James was initially a guest of the Keya House, but became a volunteer and is now a valued staff member. James says the Keya House was somewhere to go at a time be needed it and the staff provided a comfortable environment in which be could share and talk. Both Destenie and James have benefited from their connection with the MHA-NE and the Keya House. "It took me years to find my recovery with both mental health and substance abuse. MHA-NE gives me the opportunity to continue to help myself through belping others trying to find recovery," says Destenie.

Grants/Funding Commitments FY 2011-2012

| Project Name | Grant Summary | Yr(s) | Amount | Agency |
|--|---|--------|-----------|--|
| SPARK! FUND | | | | |
| Brain Injury Community Center of Nebraska | Conduct a feasibility study related to the need for and services of a community center. | 1 of 1 | \$15,000 | Brain Injury Association of Nebraska |
| Children's Oral Health Project | Purchase dental equipment and supplies needed to expand the scope of pediatric dental services. | 1 of 1 | \$14,951 | People's Health Center |
| Next Generation Emergency Alert System | Purchase FCC-mandated equipment that provides emergency alerts and warnings to the listening audience of KZUM. | 1 of 1 | \$4,138 | Sunrise Communica- tions/ KZUM Radio |
| OPEN FUND | | | | |
| Summer Bike Tour | Provide sustaining funds for the Summer Bike Tour, an exercise and community integration project. | 1 of 1 | \$10,000 | El Centro de las Americas |
| Prescott Community Park and Gathering Space | Provide partial funding for the construction of Prescott Park and Outdoor Classroom. | 1 of 1 | \$10,000 | Prescott Park and Outdoor Classroom / LPS Foundation |
| Improving the Health of Vulnerable Children | Increase funding to MilkWorks for breastfeeding support and outreach in response to Nebraska Medicaid cuts. | 1 of 1 | \$4,000 | MilkWorks |
| Non-Profit Energy Retrofits | Achieve cost savings through improv- ing the energy efficiency in buildings owned and occupied by non-profits. | 1 of 1 | \$50,000 | Cleaner Greener Lincoln - City of Lincoln |
| Young Families Program | Provide general support to the Young Families Program that assists women who are pregnant/parenting in achieving sustainability. | 1 of 3 | \$45,000 | Lincoln Medical Education Partnership |
| Family Planning Services Expansion | Provide funding to increase the availability of nursing services in the Lincoln clinic. | 1 of 3 | \$96,666 | Family Health Services, Inc. |
| Youth In Action for Wellness | Establish a comprehensive wellness program for the youth served by out-of- home and juvenile justice programs. | 1 of 1 | \$133,500 | CEDARS Youth Services |
| BUILD Project | Provide counseling services to young adults, ages 16-24, who are struggling with behavioral and emotional issues. | 1 of 3 | \$69,000 | HUB-Central Access Point for Young Adults |
| Pre-Shelter Program | Increase the level of pre-shelter services available to women and children on the Friendship Home waiting list. | 1 of 3 | \$134,534 | Friendship Home of Lincoln, Inc. |
| Wellness Coordinator | Provide partial funding for a Wellness Coordinator in the Lincoln Public Schools. | 1 of 3 | \$45,313 | Partnership for a Healthy Lincoln |
| Health 360 - Project Access | Provide specialty care medical services for clients who are uninsured and do not qualify for governmental assistance. | 1 of 3 | \$75,000 | Lancaster County Medical Society |

Grants/Funding Commitments FY 2011-2012 (continued)

| Project Name | Grant Summary | Yr(s) | Amount | Agency |
|---|--|--------|-----------|--------------------------------|
| OPEN FUND (continued) | | | | |
| ED Connections RN Case Manager | Support an additional RN Case Manager to serve and advocate for mentally ill and substance abusing patient populations who routinely use the emergency department. | 2 of 2 | \$50,000 | Lincoln ED Connections |
| Community Center Expansion | Assist in new construction that allows for the creation of new programs to serve children, youth and families in poverty. | 2 of 3 | \$75,000 | The Salvation Army |
| Gardening for the Community | Provide operational support for Community CROPS to expand gardens throughout Lincoln. | 2 of 3 | \$44,640 | Community CROPS |
| Improving the Health of Vulnerable Children | Continue lactation assistance to women at the Lincoln Medical Education Partnership, WIC Clinic. | 2 of 3 | \$30,000 | MilkWorks |
| Taking the Game to the Community 2010 | Enhance community tennis offerings among low-income children and youth. | 2 of 3 | \$30,184 | Friends of Woods Tennis Inc |
| Capacity Building Grant | Provide operational support for Teach a Kid to Fish, a childhood obesity prevention project. | 2 of 3 | \$180,000 | Teach a Kid to Fish |
| Change Begins at Home | Provide operational support to Fresh Start Home, a transitional housing program for adult homeless women. | 3 of 3 | \$45,000 | Fresh Start, Inc. |
| Changing Attitudes and Making a Difference | Provide continuation funding for the provision of lactation services to clients at the People's Health Center. | 3 of 3 | \$18,000 | MilkWorks |
| BackPack Program | Continue support of the BackPack Program for the purchase of fresh fruit and milk vouchers. | 3 of 3 | \$30,000 | Food Bank of Lincoln, Inc. |
| Project A.L.L.: Academy for Local Leadership | Increase the pool of diverse candidates to serve on non-profit and governmental boards. | Year 5 | \$9,000 | Leadership Lincoln |

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Laurie Young – Laurie suffers from severe rheumatoid arthritis. Her condition was becoming debilitating, but she could not afford to see a specialist physician and did not qualify for public assistance. Through the help of the Lancaster County Medical Society and the CHE funded Health360 program, she was able to see Dr. Robert Valente, a rheumatologist, who began treating her condition. Getting care through Health360 allowed her to avoid being put on disability and has given her a greater quality of life. Laurie is extremely thankful for this program and hopes it continues to help people like her.

Grants/Funding Commitments FY 2011-2012 (continued)

| Project Name | Grant Summary | Yr(s) | Amount | Agency | | |
|---|--|---------|------------|--|--|--|
| TARGETED FUND – MAYOR'S TA | SK FORCE ON THE HEALTHCARE SA | FETY NE | Г | | | |
| Health Reform Implementation for a Healthier Lincoln | Provide education for safety net providers and clients regarding the impact of federal health care reform. | 1 of 1 | \$16,000 | Nebraska Appleseed Center for Law in the Public Interest | | |
| People's Health Center Growth and Expansion Project | Assist with expanding the capacity of People's Health Center. | 2 of 2 | \$600,000 | People's Health Center | | |
| Health Hub | Develop a "hub" of patient advocates to connect uninsured individuals to all forms of available assistance. | 2 of 3 | \$550,209 | Center for People in Need | | |
| CARE Project | Provide counseling, alcohol education, referral and evaluation to those struggling with substance abuse and addictions. | 2 of 3 | \$35,000 | Matt Talbot Kitchen & Outreach | | |
| TARGETED FUND – TRANSFORM | IATION FUND | | | | | |
| Healthy Families America | Convert a current model that serves high-risk pregnant mothers/infants to a national model (Healthy Families America). | 1 of 1 | \$42,820 | Lincoln Lancaster County Health Department | | |
| Mental Health Peer Intervention Collaboration | Provide mental health peer specialists to assist adults served by the BryanLGH emergency room, adult/senior psychiatric units, and Lincoln Police Department. | 1 of 3 | \$395,751 | Mental Health Association of Nebraska | | |
| Transforming Behavioral Healthcare | Transform the paper-based patient records of CenterPointe, Cornhusker Place, Houses of Hope, and St. Monica's to electronic patient records for purposes of health information exchange and improved patient outcomes. | 1 of 3 | \$356,903 | electronic Behavioral Health Information Network - eBHIN | | |
| City Health and Fitness Channel | Utilize the current City TV Channel 10 as a health, fitness, and wellness channel. | 1 of 3 | \$135,000 | City of Lincoln | | |
| TARGETED FUND – HEALTHY LINCOLN (FY 2010-11) | | | | | | |
| Partnership for a Healthy Lincoln | Develop a community-wide, collaborative project to: 1. Strengthen Lincoln's healthcare safety net; 2. Bring community partners together to implement one or more highly visible, public/private initiatives; and 3. Develop strategies to impact heath-related policy through advocacy and action. | 2 of 3 | \$477,000 | Partnership for a Healthy Lincoln | | |
| TARGETED FUND – INTEGRATION OF BEHAVIORAL HEALTH & PRIMARY CARE (FY 2010-11) | | | | | | |
| Integration of Behavioral Health and Primary Care at People's Health Center | Provide integrated behavioral health and primary care services at the People's Health Center. | 2 of 3 | \$ 400,000 | People's Health Center | | |

Financials

Please contact the Community Health Endowment for a copy of the most recent audited financial statements.



Community Health Endowment of Lincoln 250 N. 21st Street, Suite 2 Lincoln, NE 68503

402-436-5516

www.chelincoln.org

If you wish to contribute to the health of Lincoln and make a gift to the Community Health Endowment, please contact Lori Vrtiska Seibel, President/CEO.

Community Health Endowment of Lincoln