



RETURNING APPLICANT WORKSHOP

January 2024



WELCOME



- Interactive



- Will be recording



- Closed captioning

OUR VISION

CHE's vision is to make Lincoln the healthiest city in the nation.



FUNDING CALENDAR

Spring 2024

Applications Due	March 1, 2024 at 12:00pm (noon)
Grantees Notified	May 24, 2024
Grant Period Begins	July 1, 2024

WHAT DOES CHE FUND?

- Non-profits doing work [in Lincoln](#) that is focused on one or more of our funding priorities:
 - Early and Adequate Prenatal Care
 - Healthy Food Access
 - Youth Fitness
 - Mental Wellness and Human Connection
- One-, two-, and three-year grants.
- Capital and equipment expenses (require 1:1 match).
- Indirect costs (not to exceed 15% of the grant request amount from CHE).

WHAT DOES CHE NOT FUND?



- Individuals



- Research



- Lobbying



- Political parties



- Debt reduction

SPRING 2024 GRANT BUDGET

Grant Budget	\$750,000
Current Obligations	\$204,627
AVAILABLE BALANCE	\$545,373

HEALTH EQUITY

“The state in which everyone has a fair and just opportunity to attain their highest level of health.”

(Centers for Disease Control, Office of Health Equity, 2023)



2023-2024 FUNDING PRIORITIES

EARLY AND ADEQUATE PRENATAL CARE

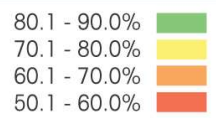
- Lincoln-Lancaster County's goal is that 80.5% of pregnant women receive early and adequate prenatal care which is defined as the percentage of women who received care prior to the fifth month and more than 80% of the appropriate number of visits for gestational age.
- CHE welcomes applications that address geographic disparities in prenatal care, with a focus on low-income and minority women, and census tracts with the lowest rates (70% or below) as identified by Place Matters 5.0.

EARLY AND ADEQUATE PRENATAL CARE

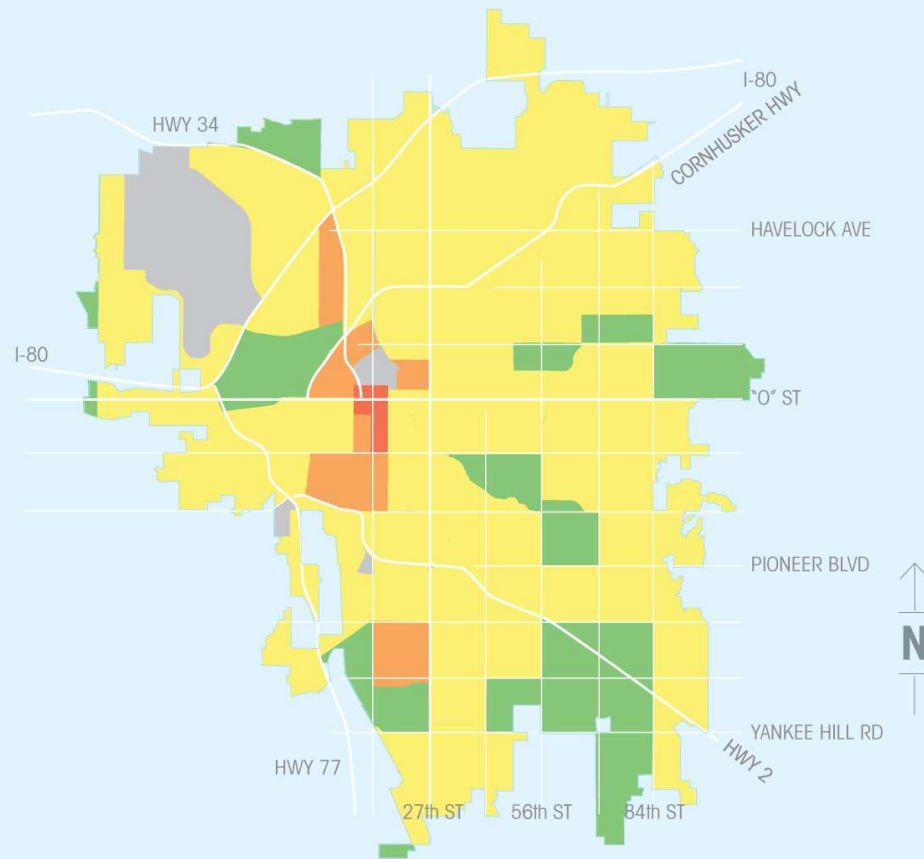
- Early and adequate prenatal care can help prevent and address health problems in both mothers and babies.
- The earlier prenatal care begins the better, offering opportunities for healthcare professionals to monitor pregnancy, perform prenatal screening tests, address questions and concerns, and promote a healthy pregnancy.
- Both the timing of initiation and the number of prenatal care visits contributes to overall birth outcomes.

2019 - 2021 Prenatal Care

Percentage of Women Receiving
Adequate/Adequate-Plus Prenatal Care

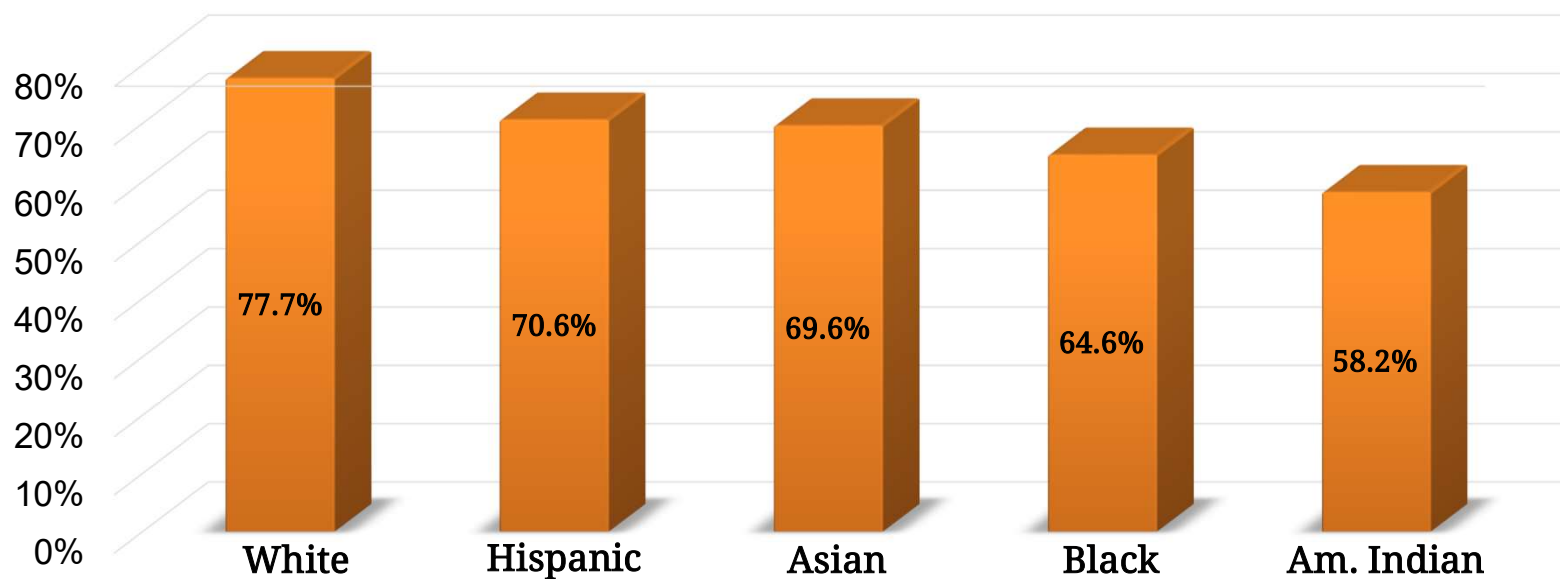


SOURCE: LINCOLN-LANCASTER COUNTY VITAL RECORDS
MAP: LLCHD



EARLY AND ADEQUATE PRENATAL CARE BY RACE/ETHNICITY

Lancaster County, 2019-21



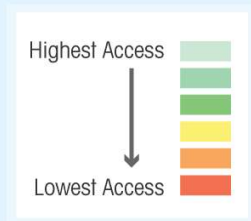
HEALTHY FOOD ACCESS

- Applications that advance health equity by increasing healthy food distribution, access, availability, and consumption.
- Focus on Lincoln's undeserved census tracts as identified by Place Matters 5.0.

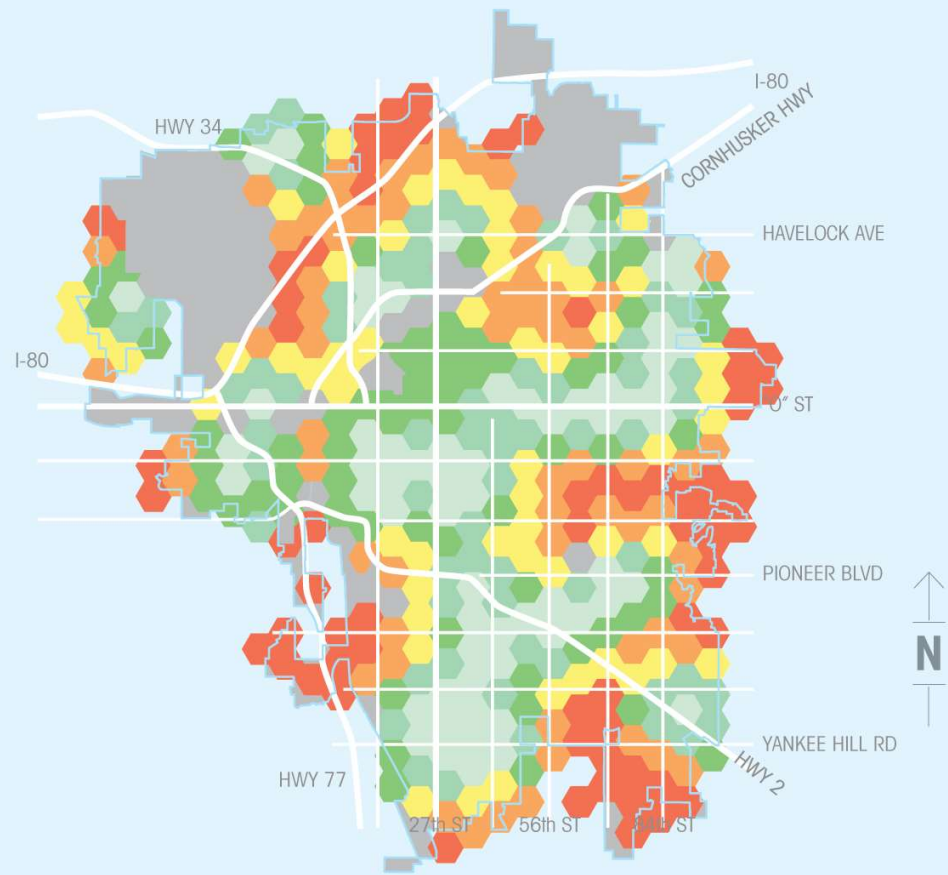
HEALTHY FOOD ACCESS

- Access to healthy food can positively impact health status, academic success, productivity, obesity rates, and more. It is an effective poverty-reduction strategy.
- Place-based approaches have promise for increasing healthy food access in areas with highest need.
- We must confront the community standard that supports the distribution of low-nutrition food to children and low-income populations.

2023 Healthy Food Access



SOURCE: NEBRASKA EXTENSION
MAP: CITY OF LINCOLN URBAN DEVELOPMENT DEPT.



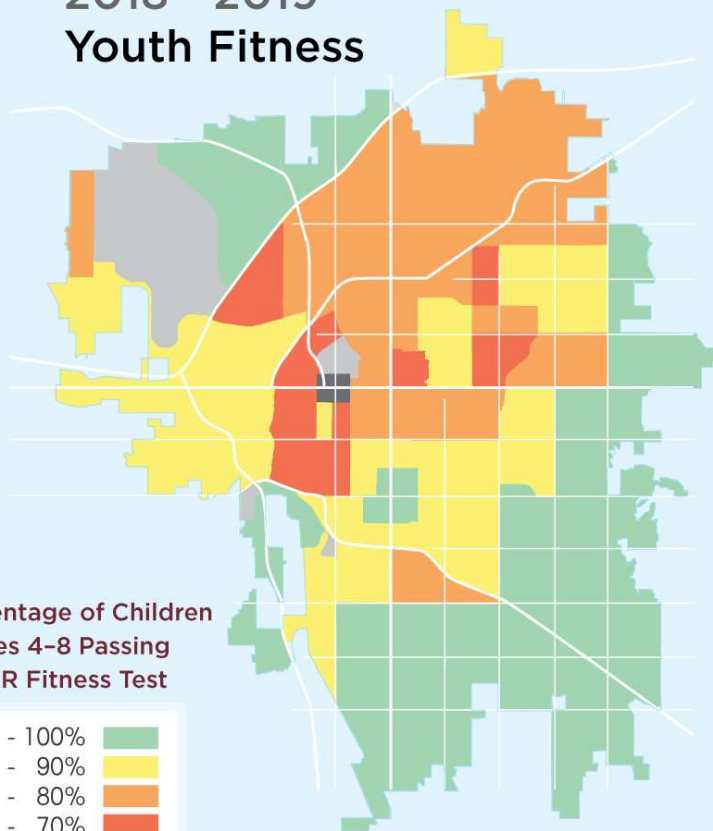
YOUTH FITNESS

- Applications that advance health equity and address geographic disparities in youth fitness and youth sports participation.
- Focus on census tracts in Lincoln with the lowest PACER pass rates as identified by Place Matters 5.0

YOUTH FITNESS

- Youth fitness has been increasingly impacted by the COVID pandemic, remote learning, and growing use of personal devices.
- Cardiorespiratory fitness is a more powerful predictor of illness or mortality than obesity.
- Lincoln's goal: 80% of LPS students pass the PACER test. Only 13 census tracts (16.9%) meet that goal.
- PACER results have a significant correlation to reading, writing, math & science grades.
- Focus on performance vs. participation has made youth sports unattainable for many low-income youth/families.

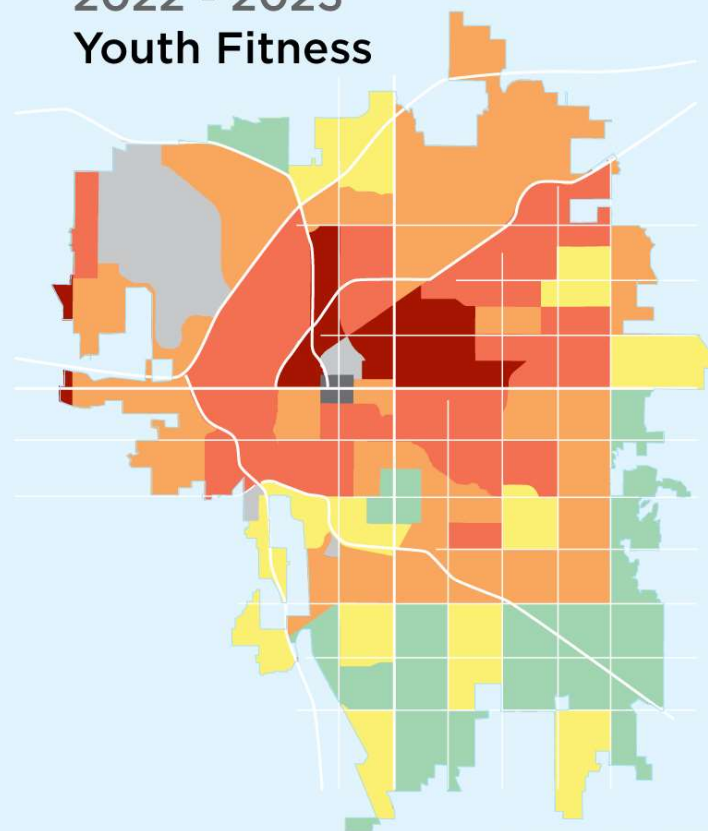
2018 - 2019 Youth Fitness



Percentage of Children
Grades 4-8 Passing
PACER Fitness Test

80.1 - 100%	Green
70.1 - 90%	Yellow
60.1 - 80%	Orange
50.1 - 70%	Red
Below 50%	Dark Red

2022 - 2023 Youth Fitness



SOURCE: LINCOLN PUBLIC SCHOOLS
MAP: LLCHD

MENTAL WELLNESS AND HUMAN CONNECTION

- Local data reflects a growing concern about mental wellness in Lincoln.
- CHE welcomes applications regarding mental wellness, such as mentoring, support/peer groups, alleviation of isolation, or similar initiatives rooted in increased human connection and prevention.

MENTAL WELLNESS AND HUMAN CONNECTION

- “Mental health been traditionally viewed through the clinical lens, yet more than 80% of the factors that influence health are found outside the health system.” (Mental Health at the Center: a Roadmap for Strategic Investment, Mindful Philanthropy)
- The prevention of Adverse Childhood Experiences (ACES) can reduce negative mental health outcomes, such as depressive disorders.
- There are significant physical and mental health consequences to loneliness and social isolation. These conditions are associated with a greater risk of cardiovascular disease, dementia, stroke, depression, anxiety, and premature death.

“UPSTREAM” FOCUS

- CHE has placed an increased focus on addressing the origins of poor health by prioritizing access to healthy food, youth fitness, prenatal care, and mental wellness and human connection.
- This approach uses preventive, or "upstream," investments.
- This approach often requires addressing social determinants of health.

APPLICATION REMINDERS

- Spring 2024 Grant Application is on Foundant
- Workplan Template
- Budget Template
- Letters of Commitment Template



Community Health Endowment

Idea Meetings with Lori and Emily

🕒 45 min

🗨️ Web conferencing details provided upon confirmation.

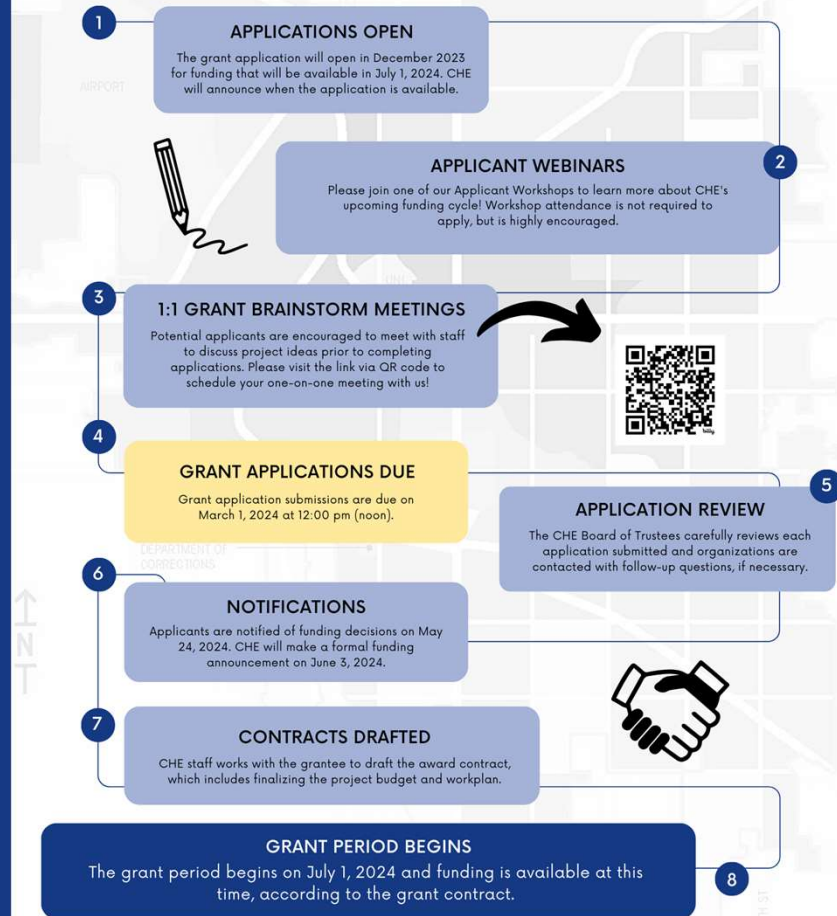
Meet with Lori Seibel and Emily Kløver to discuss a potential grant application. Lori and Emily will give you feedback and support prior to submitting your application. Please visit <http://www.chelincoln.org/> to review our funding priorities and grant timeline prior to meeting. Thank you!

<https://calendly.com/community-health-endowment/idea-meetings-with-lori-and-emily>

REMEMBER

- Applications due by noon, Friday, March 1, 2024.
- Give yourself enough time to have someone else read and proof your application.
- We're here to help!

SPRING 2024 GRANT TIMELINE



CONTACT US

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QUESTIONS?