



Percentage of Children
Grades 4-8 Passing
PACER Fitness Test

- 90.1 - 100%
- 80.1 - 90%
- 70.1 - 80%
- 60.1 - 70%
- 50.1 - 60%
- Insufficient Data
- Excluded
- 2021 City Limits

Youth Fitness*

Research indicates cardiorespiratory fitness is a more powerful predictor of illness or mortality than obesity. Also, multiple studies show youth fitness correlates with academic performance – the better a student’s aerobic fitness, the better their academic performance. In Lincoln Public Schools (LPS), aerobic fitness is measured using the Fitnessgram PACER, a multistage aerobic capacity test. Lincoln’s goal is that 80% of LPS students pass** the PACER test. Currently, only 19 census tracts meet that goal. The pass rate across the entire LPS district ranges from 50.9% to 93.4%, with an average pass rate of 74.9%.

* No data was collected in the 2020-2021 school year.

** Passing the PACER test is defined as achieving the standardized, grade level aerobic capacity score.