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Grantee & Healthy Community Events:

1/10/13 - Free [Case Mangers Training](#) - Mild Traumatic Brain Injury & Concussions, sponsored by [Human Services Federation](#)

1/14/13 - [LiveWell Team Challenge](#) begins, sponsored by the [Nebraska Sports Council](#)

1/26/13 - [Moshe Kasher: Comedy Benefit](#) for [The Bridge at Cornhusker Place](#)

2/9/13 - Love It or Hate It, [5K Cupid Run](#) to benefit [Family Health Services](#)

3/16/13 - [The Run for the Bridges](#), a full/half marathon and 10K race to benefit the bridges in Wildemess Park

January 4-10, 2013

e-Vision Newsletter

Envisioning Lincoln as the Healthiest Community in the Nation!

CHE Funding Cycle Update

The Board of Trustees of the Community Health Endowment (CHE) announced the availability of \$1,200,000 to achieve its vision of making Lincoln the healthiest community in the nation. Using the theme of Rethinking, Revitalizing, and Reforming, applicants were invited to address one or more of four [current priorities](#). CHE received 46 stage I applications by the January 4, 2013 deadline. The CHE Funding Committee is currently reviewing the applications and will extend invitations for Stage II applications by February 13, 2013.

10 Health & Wellness Channel Turns One!

The City of Lincoln's own health and wellness channel is now beginning its second full year of programming! 10 Health TV was created when the City received CHE funding to dedicate one of its government access cable channels to programming aimed at helping Lincoln become the healthiest community in the nation. The channel is coordinated by Melissa Fuller, features mostly locally produced shows along with national educational programs, and is believed to be the only one of its kind in the nation. Learn more about the channel and the many great programs for you and your family at [10 Health online](#). You can contact Melissa at 402-441-7599 and be sure to check out 10 Health on [Facebook](#), and [YouTube](#).



CHE Supports Fall Prevention Education

CHE is supporting Aging Partners and "Stepping On - Building Confidence and Reducing Falls," a project to provide fall prevention education. Aging Partners is currently looking for a few, dynamic people who want to learn how to lead fall prevention workshops. Individuals interested in leader training should contact Peggy Apthorpe by [email](#) or at 402-441-7796. Learn more at [Stepping On](#).

Falls are the leading cause of injury and injury related deaths among those 65+. Falls are also costly and result in many



Escape Fire: The Fight to Rescue American Healthcare, will be shown at the Mary Riepma Ross Media Arts Center from January 4-10, 2013. *Escape Fire* highlights the seemingly intractable problems of a broken health care system and focuses on transformative solutions, or "escape fires." Visit [The Ross](#) for times and tickets and [Escape Fire](#) to learn more about the film.

CHE Community Room



CHE is pleased to offer community space to local nonprofits for business related purposes without charge during regular business hours. Contact Jodi at jodi.loos@chelincoln.org for more information and to make reservations.

CHE Board of Trustees

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emergency room visits, hospitalizations, physical therapy and home health services. Through this grant, Aging Partners expects to see a 31% reduction in falls among those who complete the program.

eBHIN Transforms Behavioral Healthcare

Electronic Behavioral Health Information Network, or eBHIN, is transforming the delivery of behavioral healthcare services in our community through the development of a health information exchange (HIE). CHE is supporting the project with a three-year grant of \$356,903 that began on July 1, 2011. Five Region V providers from Lincoln are part of eBHIN and include: CenterPointe, Houses of Hope, Cornhusker Place, Community Mental Health Center, and St. Monica's. The People's Health Center is also part of the HIE deployment. Learn more at [eBHIN online](#).

Health Literacy Nebraska Summit

Health Literacy Nebraska is hosting a one-day summit on January 30, 2013 in Lincoln, NE at Bryan Health Medical Center West. CHE is proud to help sponsor this event that will bring together Nebraskans who are interested in promoting and improving health literacy and will feature a presentation from Dr. John Parmer with the Centers for Disease Control. The cost to attend is \$20.00. Register to attend at [Health Literacy Nebraska Summit](#) or call 402-937-8840 for more information.

Lincoln Parks Go Tobacco Free

A new "Play Tobacco-Free" policy took effect November 1, 2012 for many outdoor parks and recreation facilities in Lincoln. The policy promotes the health and welfare of community residents, particularly children, by designating the following outdoor facilities and areas as tobacco-free: playgrounds, skate parks, picnic shelters, swimming pools, Pioneers Park Nature Center, outdoor performance venues, and Pinewood Bowl, with the exception of a designated area.

Project A.L.L. Seeking Applicants for 2013

Project A.L.L.: Academy for Local Leadership, is currently seeking applicants and nominations for its sixth class. Application forms are available [online](#) and are due by January 25, 2013. There is no cost to individuals to participate.



Project A.L.L. - Class I in 2008

An Informational Session for those interested in applying will be held January 14, 2013 from 5:30-6:30 pm at the Leadership Lincoln Office, 920 O Street, Suite 300.

Participants of Project A.L.L. are expected to use the knowledge they gain to actively serve not-for-profit agencies, government

President/CEO
Stephanie Harley Eells - Project
Manager
Jodi Loos - Office Manager

boards/commissions and task forces in our community. Since inception over 60 individuals have completed the program, 14 non-profits can count participants as board members, and seven individuals have received a mayoral appointment to an Advisory Board or Commission. Many more also work with non-profit agencies through committees and volunteer activities.

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About the Community Health Endowment: CHE is a municipal endowment dedicated to improving the health of all individuals in the Lincoln community. CHE was created as the result of the sale of Lincoln General Hospital and was established to provide funding to health related programs to further the health, safety, or welfare of the residents of the city of Lincoln. Since inception in 1998, CHE has provided more than \$17 million in grants to local agencies and organizations. ***Want to learn more?*** CHE staff are available for community presentations regarding the work of CHE and CHE related projects. Contact Jodi for further information.

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