



## In This Issue

[FY2010/11 Grant Awards Announced](#)

[Annual Meeting Highlights](#)

[Annual Award Recipients](#)

[Free Childhood Obesity Presentation](#)

[Free Fitness Program](#)

[Tennis Program Reaches the Community](#)

## Quick Links

[Healthcare Safety Net Report](#)

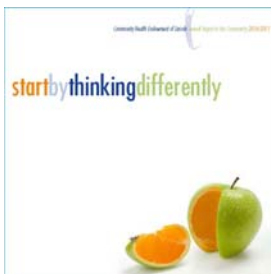
[City Advisory Board Application](#)

[Nebraska Health Careers](#)

## CHE Accepting Spark! Applications

CHE is pleased to announce it is now accepting applications for a second funding cycle for SPARK! grants. The Stage I application deadline is July 15, 2011 at 5:00 pm. To learn more or to apply click on [SPARK!](#)

## CHE Annual Report Released



CHE released its 2010-11 Annual Report at the CHE Annual Meeting with the Community on May 17, 2011. Please take a moment to click on the image above to review the report online.

## What Does Healthcare Reform Mean to You

Join John Woodrich, President and COO of BryanLGH Medical Center, as he reviews and provides updates regarding healthcare reform and how it might impact consumers of healthcare services. FREE.

Tuesday, September 27, 2011  
7:00 to 8:30 pm  
BryanLGH East Plaza Conference Center, 1600 South 48th Street

## CHE Announces Funding Awards

### Over \$1.75 Million in Grant Awards this Fiscal Year

Following an extensive review of 61 applications, the Board of Trustees of the Community Health Endowment (CHE) is pleased to announce the funding of 25 projects, representing \$704,244 in funding over the next year, and \$1,692,536 in total funding over the next three years. With this announcement, CHE will have provided \$1.75 million in grant awards in FY2010-11.

Ed Wimes, Chair of the CHE Board of Trustees, says of this year's funding awards, "This year's funding package represents an excellent range of important and innovative ideas. We were especially pleased that so many applicants submitted ideas to our new Transformation Fund. This fund challenges us to think about tough community health issues in new ways. Overall, this year's funding awards represent CHE's core values and we believe they have the potential to significantly improve the health of our community." [Read on for a listing of awards.](#)

## Sekou Andrews Inspires Through Words

### 2011 CHE Annual Meeting with the Community

This year's Annual Meeting took place on May 17, 2011 at Embassy Suites Hotel. The nearly 200 in attendance were treated to an inspiring presentation by Sekou Andrews, Motivational Poet and Strategic Storyteller. Mr. Andrews performed three pieces, including a customized piece about Lincoln and its many health and human service agencies. Before the Annual Meeting, Mr. Andrews performed for nearly 600 students and staff at an all school assembly at Lincoln High School.



The Annual Meeting also included a review of the past year's financial performance and the presentation of the annual Horizon and Closing the Gap Awards. Read below for more about the awardees, KZUM Public Radio and Community CROPS.

## Community CROPS & KZUM Public Radio Recognized at CHE Annual Meeting

### Closing the Gap & Horizon Awards

CHE's celebrated annual awards were presented at CHE's Annual Meeting with the Community on May 17, 2011. Receiving the Closing the Gap Award, which recognizes a person, program, or agency that has made a significant contribution toward addressing health disparities in our community, was [Community CROPS](#) (pictured). Receiving the Horizon Award, which recognizes a person or group who is enriching the community by sharing their time, resources, and talents to make Lincoln the healthiest community in the nation, was [Sunrise Communications/KZUM Public Radio](#). Learn more about these agencies and why they are deserving of recognition at [AWARDS](#).



## Dr. Walt to Speak in Lincoln

### "Childhood Obesity, Practical Considerations"

Award winning medical journalist Dr. Walt Larimore will speak at BryanLGH Medical Plaza on Wednesday, June 8, 2011 at 7:00 pm. Teach a Kid to Fish, together with Partnership for a Healthy Lincoln, Nebraska Medical Association, and Lancaster County Medical Society, are bringing [Dr. Walt](#) to Lincoln for a talk entitled, "Childhood Obesity, Practical Considerations." This program will explore the epidemic of childhood obesity and what we, as a community, can do about it.

BryanLGH Medical Plaza is located at 1600 South 48th Street in Lincoln. Admission is free, but reservations are encouraged as seating is limited. To RSVP or for more information, email [info@teachakidtofish.org](mailto:info@teachakidtofish.org).

## Leadership Lincoln Announces New Graduates of Project A.L.L.

Twelve participants of Project A.L.L. have completed a busy program and make up the fourth class of graduates. With the 2011 class there are now 50 graduates of Project A.L.L. ready to serve our community.

Graduates are expected to use their training to serve nonprofits, government boards/commissions or community task forces. We look forward to their continued engagement in the Lincoln community! For more information, contact [Leadership Lincoln](#).

## Current Project Partners

[Boys & Girls Club of Lincoln-Lancaster County](#)  
[BryanLGH Health System](#)  
[Center For People In Need](#)  
[Child Advocacy Center](#)  
[Child Guidance Center](#)  
[Clinic with a Heart](#)  
[Community CROPS](#)  
[Community Mental Health Center](#)  
[Cornhusker Place](#)  
[El Centro de las Americas](#)  
[Family Violence Council](#)  
[Fresh Start Home](#)  
[Food Bank of Lincoln](#)  
[Friends of Woods Tennis, Inc.](#)  
[Good Neighbor Community Center](#)  
[Houses of Hope](#)  
[Lancaster County Medical Society](#)  
[Leadership Lincoln](#)  
[Lincoln/Lancaster County Health Department](#)  
[LPS/Elliott Elementary](#)  
[Matt Talbot Kitchen & Outreach](#)  
[Mental Health Association of Nebraska](#)  
[MilkWorks](#)  
[People's Health Center](#)  
[Reach Out Christian Center](#)  
[Region V Systems](#)  
[Saint Elizabeth Regional Medical Center](#)  
[St. Monica's](#)  
[Teach a Kid to Fish](#)  
[The Salvation Army](#)  
[Volunteer Partners](#)

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Tina Udell

## CHE Staff

[Lori Vrtiska Seibel](#),  
President/CEO

## Free Fitness Program Serves North/Central Lincoln

### North Lincoln Fitness & Nutrition Program

The North Lincoln Fitness Program began in July 2009 as a project of Abiding Grace Community Church with support from a CHE grant. The program is now coordinated by Reach Out Christian Center and has continued to grow. Originally involving two classes at the Clyde Malone Community Center, the program has expanded its services to include classes at F Street Recreation Center. The number of participants, both women and men, now exceeds 200.

The program offers free exercise classes from trained fitness instructors through the UNL Recreation Department. Licensed dietitians also provide nutrition information and educational sessions once a month. To encourage greater participation, free child care is provided by trained staff. Pastor Dennis Banks, the Program Director, reiterates, "Yes, the program is free! Many of our participants cannot afford the fees associated with being a member of a fitness center. I believe this program is making a difference in the lives of the attendees as they are not only learning the importance of working out regularly, but they are learning how to eat healthier as well."

### Schedule of Free Classes:

Mondays 6:30-7:30pm Kick Boxing @ Clyde Malone Community Center  
Tuesdays 6:30-7:30pm Step Class @ F Street Recreation Center  
Fridays 6:30-7:30pm Zumba @ F Street Recreation Center  
Saturdays 10:30-11:30am Yoga @ Clyde Malone Community Center

## Hundreds of Youth Take Part in Recreation

### Woods Tennis "Taking the Game to the Community"

The Friends of Woods Tennis Center and partner agencies are gearing up for another busy summer of tennis for local youth. "Taking the Game to the Community," began in the summer of 2008 as a joint project of Woods Tennis Center, Lincoln Parks & Rec, and Lincoln Public Schools (including the Community Learning Centers). The program was funded by CHE in 2010 and aims to increase physical activity opportunities for local youth with a special focus on low-income and minority populations.



The program reached 726 youth the first year, increased to 901 in 2010, and is expected to serve over 950 this summer. The program has been a great success, increasing the number of participants each year by over 10%. The number of low-income and minority youth served has also increased each year. In 2010 almost 30% of participants were racial minorities and almost 34% met low-income/poverty guidelines.

The program currently utilizes 17 public parks and high schools, six city recreation centers, and Woods Tennis Center to provide programming across Lincoln. Partnerships with community agencies have also been developed to teach tennis and positive lifestyle skills to more youth.

Summer classes are beginning and run throughout the summer. Session dates are: May 31-June 27; July 5-Aug. 1; and Aug. 2-Aug. 12. Discounted rates and scholarships are available. Contact [Woods Tennis Center](#) to learn more.

## About Community Health Endowment of Lincoln

The **Community Health Endowment** (CHE) of Lincoln is a municipal endowment of the City of Lincoln, created in 1998 as a result of the sale of Lincoln General Hospital. The vision of CHE is "**to make Lincoln the healthiest community in the nation.**" To further this vision, CHE has invested nearly \$14 million in grant funding to Lincoln area non-profits working to improve the health and well-being of the community. CHE places an emphasis on building on Lincoln's strengths, serving those at highest risk for the poorest health outcomes, and pursuing effective community collaborations.

P.O. Box 81309  
Lincoln, Nebraska 68501  
Community Health Endowment of Lincoln  
402-436-5516

**Want to learn more about the Community Health Endowment?** CHE staff are available for community presentations regarding the work of CHE and CHE related projects. Contact Jodi today for further information.

[Stephanie Harley Eells](#),  
Project Manager

[Jodi Loos](#),  
Office Manager



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