

Thirteen health indicators were identifed that, when taken collectively, are a reflection of the health and wellness of our community. Data was collected for each indicator for years 2002-06 and each community was ranked based on its performance, with 1 as most desireable. Lincoln's rankings for each of the indicators across years 2002-06 and overall are summarized below.

Lincoln's Ranking by Health Indicator	2002	2003	2004	2005	2006	2002-06
Medical home.	4	3	1	1	3	1
Heart disease deaths.	2	4	4	2	1	2
Visited the dentist in last year.	1	1	2	2	2	2
Accidental deaths.	7	2	9	4	1	4
Teen birth rate, ages 15-19.	6	5	4	3	4	4
Healthcare coverage of any kind.	8	6	4	5	4	5
Healthy weight.	5	5	3	7	5	5
Low birth weight babies.	2	7	6	5	4	5
Cancer deaths.	9	4	9	7	5	6
Infant mortality rate.	8	4	6	5	4	6
Current smokers.	8	7	5	5	5	7
Incidence of STDs.	9	10	9	9	10	9
Binge drinking.	9	8	9	11	8	10

How the Community Health Endowment (CHE) is helping to create the healthiest community in the nation...

To achieve its vision of Lincoln as the healthiest community in the nation, CHE works with community organizations to foster innovation, creativity, the exchange of bold ideas, and to build strong partnerships. Since inception in 1999, CHE has returned nearly \$11 million to Lincoln to improve the health of area residents.

Community Rankings

Thirteen health indicators were selected to compare Lincoln/
Lancaster County to ten U.S. communities. A select number of cities
were chosen based on availability of comparable data, geography, and
demographic similarities. Comparisons were based on county level data.
When not available, municipal or state data was used. Each city was
ranked based on its overall performance across the 13 indicators and
given an average ranking with 1 being most desireable. Lincoln ranked
4th overall based on 2002-06 data.

Comparison Community	2002	2003	2004	2005	2006	2002-06	Overall Rank
Madison, WI	3.8	3.8	3.5	4.1	3.2	3.2	1
Fort Collins, CO	4.6	4.3	4.8	4.6	3.6	4.3	2
Boise, ID	4.8	5.1	4.7	4.7	5.5	4.8	3
Lincoln, NE	6.0	5.4	5.5	5.3	4.3	5.1	4
Duluth, MN	4.6	6.1	5.7	4.9	5.3	5.4	5
Cedar Rapids, IA	5.9	5.6	6.5	5.8	6.6	5.8	6
Spokane, WA	6.3	6.6	6.7	5.7	6.3	6.8	7
Sioux Falls, SD	6.7	7.3	5.3	6.9	8.4	7.2	8
Kalamazoo, MI	7.5	7.0	7.7	7.3	7.0	7.5	9
Topeka, KS	7.4	7.5	7.4	7.4	7.8	7.7	10
Ashville, NC	8.1	7.2	8.0	8.3	7.7	8.2	11

We appreciate your feedback...

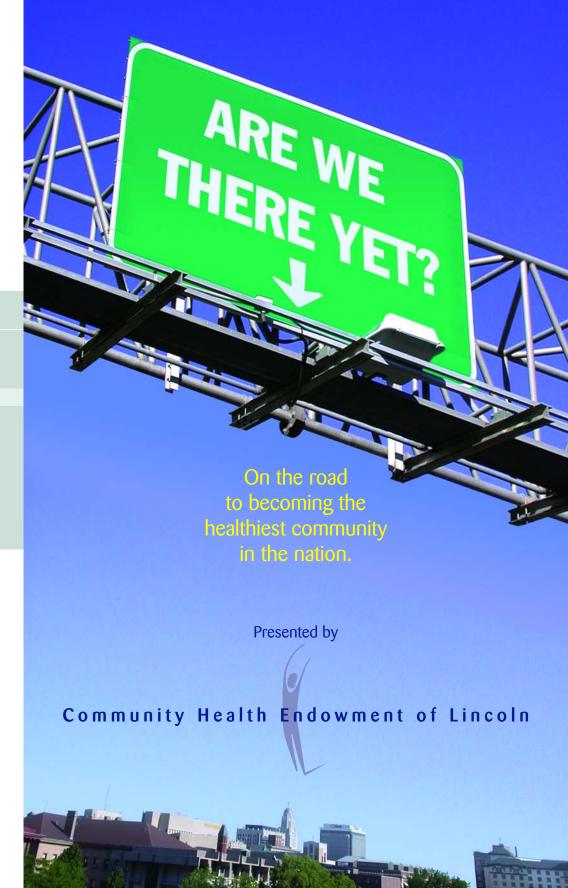
We consider it a privilege to work on behalf of a healthier Lincoln and we invite you to guide our way. Please share your thoughts with us on how to create a healthier Lincoln.

For more information, contact

Community Health **En**dowment of Lincoln

P.O. Box 81309 Lincoln, NE 68501 Phone (402) 436 5516 Fax (402) 436 4128 www.CHELincoln.org

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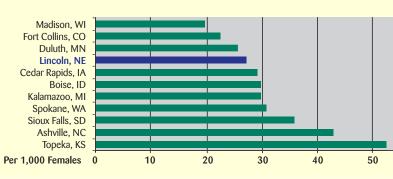
The vision of the Community Health Endowment is to make Lincoln, Nebraska the healthiest community in the nation.

To determine progress toward our vision, Lincoln was compared to ten other U.S. communities. The graphs below highlight performance over a five year period, 2002-2006, and are shown in order of best to lowest performance for Lincoln.

% of Adults Who Have a Medical Home*



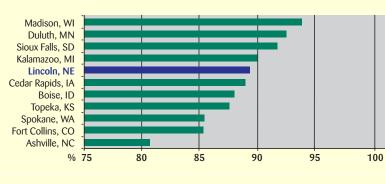
Teen Birth Rate (Ages 15-19)



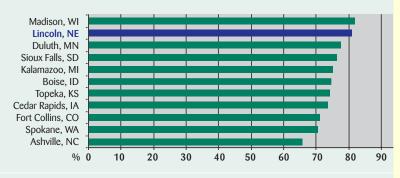
Death Rate
Due to Heart
Disease
(age-adjusted)



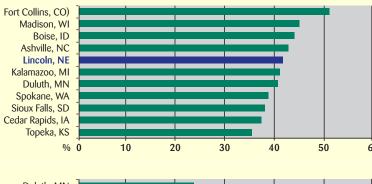
% of Adults with Healthcare Coverage*



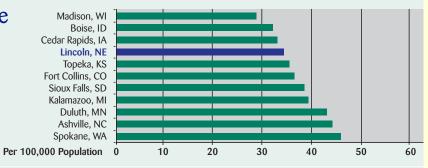
% of Adults who Visited a Dentist or Dental Clinic in Past Year*



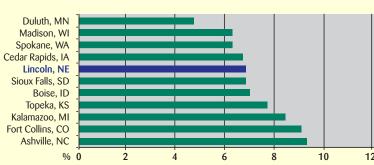
% of Adults with Healthy Weight*
(BMI less than 25.0)



Death Rate
Due to
Accidents
(age-adjusted)

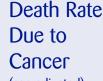


% of Low Birth Weight Babies



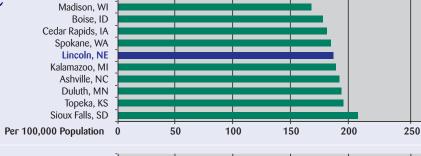
Sources & More Information

Health and Human Services, Centers for Disease Control and Prevention, [2002-2006]. Local and state government agencies were the source of data for the remaining indicators. Further source details and a **complete report** are available by contacting CHE.

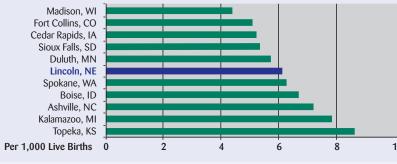


(age-adjusted)

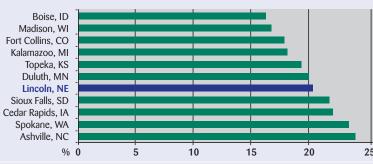
Fort Collins, CO



Infant Mortality Rate

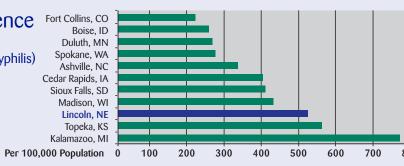


% of Adults Who are Current Smokers*



STD Incidence

(chlamydia, gonorrhea and syphilis)



% of Adults Who are Binge Drinkers*

(males having five or more drinks on one occasion, females having four or more drinks on one occasion)



^{*} Source: Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of