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Community & Grantee Events

4/24/13 - [National Walk @ Lunch Day](#)

5/4/13 - [KFRX Mayor's Run](#)

5/5/13 - [Lincoln Half and Full Marathon](#)

5/8/13 - [National Bike to School Day](#)

5/17/13 - [National Bike to Work Day](#)

5/17/13 - [Age Strong! Live Long! Walk On!](#)

6/23/13 - Trail Trek

9/29/13 - [Streets Alive!](#)

*View more community health related events at: [Healthy Lincoln - Community Calendar](#)

Health360 Video Online



Lincoln's Health360 Project Access is a comprehensive and collaborative program designed to assist people

e-Vision Newsletter

Envisioning Lincoln as the Healthiest Community in the Nation!

CHE Annual Meeting to Feature Dr. Jay Parkinson

This year's Annual Meeting with the Community will be at Bryan Medical Center, Bryan East Campus, Plaza Conference Center, 1500 S. 48th Street, on **June 12, 2013 at 3:00 p.m.** The meeting will feature Jay Parkinson, MD, MPH. Fast Company has called him the "*Doctor of the Future*" and one of the "*Top 10 most creative people in health care*," and Esquire called him one of the "*Best and Brightest Radicals and Rebels Who are Changing the World*." Visit www.jayparkinsonmd.com to learn more about him and his innovative approach to healthcare delivery.



This event is **free and open to the public**, but registration is appreciated. [REGISTER for CHE Annual Meeting](#)

Speaker to Share Secrets to Making Change Last

Despite good intentions, many people struggle with adopting an improved lifestyle behavior and stop soon after starting. Why? Join Dr. Michelle Segar to learn the secrets to lasting motivation at a presentation titled, "Moving Toward Happiness: One Step at a Time," on May 15, 2013 at 5:30 pm at SCC Continuing Education Center. Visit [Moving Toward Happiness](#) for registration information. Dr. Segar will also present a professional workshop on May 16, 2013. Visit [Reframing Health as Wellbeing](#) for more information.

These presentations are co-sponsored by [Aging Partners](#) and [Southeast Community College](#) with partial sponsorship from CHE.

Launch of Vending Policy Initiative & Drop the Pop!

The Partnership for a Healthy Lincoln (PHL) recently launched a Healthy Beverage Initiative using the P.O.P. Approach to make the smart choice the easy choice. The approach helps organizations stock their vending machines with health in mind through Placement, Options, and Promotion. View [Stop: Rethink Your Drink](#) to learn more about this initiative and how your organization can take the pledge!

in getting the medical care they need. Health360 is a program of the Lancaster County Medical Society, but there are many community partners and sponsors, including CHE. View the informative video: [Health360 Video](#)

CHE Community Room



CHE is pleased to offer community space to local nonprofits for business related purposes without charge during regular business hours. Contact Jodi at jodi.loos@chelincn.org for more information and to make reservations.

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PHL, a partnership of community organizations, also launched [Drop the Pop!](#) to address the health consequences of over-consumption of sugar-sweetened beverages, a leading cause of obesity.



Bike Lincs Provides Bike Riding Education Videos

[Bike Lincs](#) is a new video series on bicycling in Lincoln. Aaron Chambers and Elisabeth Reinkordt, members of BicycLincoln, serve as hosts of the series. The series includes videos on Bike and Trail Riding Basics, Commuting, Street Riding, Bike Handling and Teaching Kids to Ride. Bike Lincs is sponsored by Lincoln Lancaster County Health Department (through a grant from CHE), Lower Platte South Natural Resources District and 10 Health TV. View a segment: [Bike Lincs: Quick Tips on Teaching a Kid to Ride](#).

For more information on bike classes in Lincoln contact Mike Heyl at the Health Department: 402.441.3889 or mhey1@lincoln.ne.gov.

Statewide Behavioral Health Conference in Lincoln May 13-15

Success, Hopes and Dreams will again be the focus of Nebraska's Statewide Behavioral Health Conference. This year the conference is hosted by the Mental Health Association of Nebraska and takes place May 13-15, 2013 at the Cornhusker Hotel in Lincoln, NE. CHE is again providing sponsorship in the form of scholarships. Find out more about the national speakers and session topics at: [Success, Hopes and Dreams](#)

CHE Board of Trustees Support LB447

The CHE Board of Trustees offered its support to Legislative Bill (LB) 447 - the Nebraska Healthy Kids Act. Introduced by Senator Bill Avery and co-sponsored by Senator Kathy Campbell, LB447 removes soda and energy drinks from the definition of food in Nebraska, thus removing their tax-exempt status. Future tax revenues from soda and energy drinks would fund local efforts to prevent and reverse childhood obesity and provide for intervention programs for youth who are at risk for ending up in foster care, the juvenile justice system or have substance abuse issues. According to Lori Seibel, President/CEO of CHE, "LB447 is also very much in line with our mission to create a healthier community." The Revenue Committee of the Nebraska Legislature heard testimony on the bill on March 15, 2013 and further action on the bill is pending. [Follow LB447](#)

Streets Alive! 2013 - Scheduled for 9/29/13

The third annual [Streets Alive!](#) event has been scheduled for Sunday, September 29, 2013 from 1:00-5:00 pm. Streets Alive! is a free community wide event to get people active and "in the streets" by closing a 3 mile loop of city streets. This year's route will run through the Near South and Everett neighborhoods, near the State Capitol.

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Sponsors, exhibitors, volunteers, and entertainers are still being sought for this event. Contact cjess@healthylincoln.org or 402-310-9997 for more information.

[Streets Alive!](#) is a City of Lincoln supported event brought to you by the Partnership for a Healthy Lincoln and more than 20 community sponsors.

[About the Community Health Endowment:](#) CHE is a municipal endowment dedicated to improving the health of all individuals in the Lincoln community. CHE was created as the result of the sale of Lincoln General Hospital and was established to provide funding to health related programs to further the health, safety, or welfare of the residents of the city of Lincoln. Since inception in 1998, CHE has provided more than \$18 million in grants to local agencies and organizations. ***Want to learn more?*** CHE staff are available for community presentations regarding the work of CHE and CHE related projects. Contact Jodi for further information.

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Community Health Endowment of Lincoln | 250 N. 21st Street, Suite 2 | Lincoln | NE | 68503