

Community Health



Community Health Endowment of Lincoln

Fall 2010



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Register for Applicant Workshops

Non-profits interested in applying for CHE funding have two opportunities to attend a CHE Applicant Workshop. Attendance is not a requirement of application, but the workshops are intended to help applicants learn about the CHE application process. Register by clicking on the appropriate time helow:

>November 30, 2010 at 9:00-10:00 a.m.

>December 2, 2010 at 1:00-2:00 p.m.

The CHE Board of Trustees will announce their Funding Priorities for the coming year on November 15, 2010. At that time, Stage I application forms will be available through the CHE website. Stage I applications are due January 14, 2011 by 5:00 p.m. Visit the Grant Information section of the website to view the current CHE **Funding Timeline**.

Upcoming Community Events



"Tailgate Straight" - Alcohol-Free Fundraiser

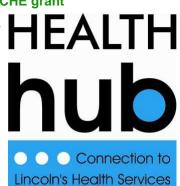
-The Bridge at Cornhusker Place, a treatment program for men recovering from addiction, will host its first "Tailgate Straight" from 2-5

HEALTH Hub to Begin October 1

Center for People in Need Receives CHE grant

CHE awarded the Center for People in Need a three-year grant to establish a Health Hub where low-income, uninsured, and underinsured individuals can find assistance in accessing medical care. The project aims to address a major recommendation of the Mayor's Taskforce on the Healthcare Safety Net.

The project, a collaboration of multiple agencies serving low income families, is part of a larger initiative called the Partnership for a Healthy Lincoln. Additional funding for the project has been awarded from the Saint Elizabeth Foundation, which received a grant of \$314,776 from Catholic Health Initiatives.



The Center for People in Need, already a non-profit resource for low-income families, will house patient advocates who will help direct individuals toward appropriate medical and related services with the goal of establishing a medical home. Additional patient advocates will reside in agencies throughout Lincoln. The patient advocates will also assist families and individuals in determining assistance programs for which they are eligible and will help connect them to these services. The project is expected to begin October 1, 2010. For more information, contact Nancy Kubes, the Health Hub Project Coordinator, at 402-476-4357, ext. 169.

Health360 Project Serving Record Numbers

Numbers Served Double in Recent Months

In just the past two months, almost 100 individuals have received referral assistance to access needed specialty physician services. The Lancaster County Medical Society (LCMS), with support from CHE, helps uninsured individuals access needed medical care, including specialty physician services, urgent access to a medical home, and assistance to obtain free or discounted medications through the Medication Assistance Program (MAP). LCMS assisted 34 individuals in July in accessing specialty physician services and another 62 in August, a dramatic increase from a typical number of 20 referrals per month. Between 1,500 and 2,000 individuals are receiving medication assistance at any given time.

Below are stories of two, recent Health360 clients:

"John" is 45 years old and was going to wait two months for his health insurance to become available, but needed to be seen for a mass in his throat. Through Health360 he was able to be seen at People's Health Center, where the provider determined a consult was needed by an ENT physician. "John" under went immediate surgery. The mass was cancerous and, with prompt intervention, the prognosis is favorable.

"Jane" is 21 years old and working full-time for minimum wage while attending school. She was experiencing health issues that prevented her from working and completing school, but could be resolved by removing her gallbladder. Health360 found a provider to perform the surgery at a discounted rate, which was paid by her family, and coordinated for the hospital to waive all hospital charges.

Stories of Impact from CHE Grant Partners

People's Health Center

"Jose" has been living with diabetes since 2002. He thought he had his condition under control because he felt well. He went about his daily business: caring for his family, walking five miles to work every morning, and doing chores around the house.

p.m. Sept. 25th, prior to the 6 p.m. Husker football game. The event is open to the public and will feature traditional tailgate games, live bands, raffle items, food, and alcohol-free beverages. Tickets are \$7 per adult and \$5 for children 10 and under, payable at the door. The event will be outside The Bridge building at 721 K Street, or inside if poor weather.

"2nd Annual Pow-Wow" at Indian

-The event takes place at the Indian Center Inc., 1100 Military Road, September 17-18, 2010. Numerous tribes will be represented by dancers and drum groups. An evening meal will be served at 5:00 p.m each day; other events include a Princess Pageant. Grand entries, and a hand game. See their website for specific

Festival de las Americas!

-Celebrate the fun and flavor of Latin American culture in Lincoln on September 19, 2010 from 12 - 6 p.m. at Antelope Park. Admission is free for this event, organized by El Centro de las Americas.

Quick Links

CHE Website Healthcare Safety Net Report City Advisory Board Application Nebraska Health Careers

Current Project Partners

Boys & Girls Club of Lincoln-**Lancaster County** BryanLGH Health System Center For People In Need Child Advocacy Center Child Guidance Center Clinic with a Heart Community CROPS Community Mental Health Center Cornhusker Place El Centro de las Americas Family Violence Council Food Bank of Lincoln Fresh Start Home Friends of Woods Tennis, Inc. Good Neighbor Community Center Houses of Hope Lancaster County Medical Society Leadership Lincoln Lincoln/Lancaster County Health **Department** LPS/Elliott Elementary Matt Talbot Kitchen & Outreach Mental Health Association of <u>Nebraska</u> **Milkworks** People's Health Center Reach Out Christian Center Region V Systems Saint Elizabeth Regional Medical St. Monica's Teach a Kid to Fish The Salvation Army

Board of Trustees

Volunteer Partners

However, diabetes made his life take a sharp and unexpected turn.

As Jose was chopping wood with an ax in his backyard, the ax slipped from his hands, indenting into his shin. As there was only minimal bleeding, Joel tended to his own wound, not seeking medical care and not realizing how his diabetic condition could complicate things. Two days later he went to the People's Health Center clinic: his small wound had turned into a gaping, purulent hole. Because of the physician's quick recognition of the developing necrotizing fasciitis in his leg, Jose was admitted to the hospital immediately, and his leg had to be amputated, saving his life. Jose also lost his job and his home. He was taken in by his brother, along with his four children and his wife.

Jose started attending People's Health Center diabetic education classes in Spanish to learn about his diabetes. Diabetic education for Latinos and community cooperative efforts are key to improving the health conditions of Latinos living with diabetes. Jose learned to control his blood sugar by eating healthy and exercising. He also learned about the importance of checking his blood sugar often and maintaining balance between his medications and his meals. He worked with the case manager and other staff who helped him find a prosthesis at 8% of the original price of \$25,000. He received physical therapy and is returning to the work force, allowing him to provide for his family again.



People's Health Center is partnering with Artitudes to host a fundraiser Nov. 5-6, 2010 at the Downtown Physicians Group building. 1800 O Street. Friday night opening reception, 5:30-9pm, \$10 admission; Saturday, 10-5pm, donations accepted.

-Contributed by Martha Hewitt Hoile Coordinator of Administrative Projects, People's Health Center

**Want to share your own story? Contact Stephanie to contribute your story of how CHE funding is impacting lives in Lincoln.

Mental Illness Awareness Week Events

CHE Helps Sponsor Speaker, Dr. Robert Brooks

In recognition of Mental Illness Awareness Week, BryanLGH Medical Center and sponsors including CHE, will bring Robert Brooks, Ph.D. to Lincoln for multiple presentations. Dr. Brooks is an author and psychologist from Harvard Medical School and has lectured internationally on working with angry, at-risk youth and families. Dr. Brooks will present a free program at 7:00 p.m., October 5, 2010 to discuss factors that help families experience greater warmth and respect. On October 6, 2010 beginning at 8:30 a.m. he will conduct an educational workshop for providers working with at-risk youth.

Both events take place at BryanLGH Medical Center East, Plaza Conference Center, 1600 S. 48th Street, Lincoln, NE. Registration is required for each event.

Click on the links below to register and access detailed event brochures.

Community Presentation - Fostering Family Closeness & Respect October 5, 2010; 7:00-8:30 p.m.

Community Education - The Power of Mindsets: Nurturing Motivation, Self-Discipline, and Resilience in Angry, At-Risk Youth October 6, 2010; 8:30 a.m.-3:45 p.m.

CHE Welcomes New Trustees

Mayor Beutler Appoints Poore & Udell

In August, the Lincoln City Council approved Mayor Beutler's appointments to the Community Health Endowment Board of Trustees. Rick Poore, a local business owner, has experience on state and local committees and a strong interest in health care. Tina Udell, Fixed Income Portfolio Manager at Summit Investment Partners, brings strong financial investment expertise to the board. Mayor Beutler also reappointed Mike Tavlin and Charlene Gondring for second, three-year terms.

Poore and Udell will replace outgoing Trustees, Dan Anderson and Dr. Chuck Erickson, both who have served six years. Anderson served as Vice-Chair from 05-06, Board Chair from 06-08, and as a member of the Finance Committee, Auditing & Accounting Committee, and Relocation Committee. Dr. Erickson served six years as a member of the Funding Committee. Both will be recognized for their service at a yearend event.

About Community Health Endowment of Lincoln

Rick Boucher - Vice Chair Kimbery A. Russel - Secretary Mike Tavlin - Treasurer Bruce Dart, Ph.D. Douglas Ganz Charlene Gondring Robert J. Lanik Alison Larson Maria Prendes Lintel, Ph.D. Britt Miller Rick Poore Jane Raybould Margaret Kontras Sutton, M.D. Tina Udell

CHE Staff

Lori Vrtiska Seibel, President/CEO

Stephanie Harley Eells, Project Manager

Jodi Loos, Office Manager

Want to learn more about CHE funded projects and grant partners? Click below to see pictures, articles, and event notices on the CHE Facebook page.

The <u>Community Health Endowment</u> (CHE) of Lincoln is a municipal endowment of the City of Lincoln, created in 1998 as a result of the sale of Lincoln General Hospital. The vision of CHE is "*to make Lincoln the healthiest community in the nation*." To further this vision, CHE has invested more than \$12 million in grant funding to Lincoln area non-profits working to improve the health and well-being of the community. CHE places an emphasis on building on Lincoln's strengths, serving those at highest risk for the poorest health outcomes, and pursuing effective community collaborations.

P.O. Box 81309 Lincoln, Nebraska 68501 Community Health Endowment of Lincoln 402-436-5516

Want to learn more about the Community Health Endowment? CHE staff are available for community presentations regarding the work of CHE and CHE related projects. Contact Jodi today for further information.

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