



Top row from left: Jose Soto, Jodi Loos, Douglas A. Ganz, Georgia Blobaum, Kimberly A. Russel, Britt Miller, Charles Wilson, M.D. Second row: Judy Halstead, Kim Moore  
Third Row: Tina Udell, Lori Seibel, Thomas Sullivan, Marcia White. Front Row: Tom Beckius, Loren Mestre-Roberts, Carole Burt. Not pictured: DiAnna Schimek and Michael Molvar, DDS.



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## A Bundle of Sticks, Divided

There is a fable about an old man who asks his children to gather around him so he can give them advice before he dies. He asks for a bundle of sticks and instructs his oldest son, "Break it." The son strains but cannot break the bundle. The father asks each of his other children to try. The result is the same - the bundle cannot be broken. Then, he tells his children to untie the bundle and each take a stick. After they have done so, he says, "Now, break." Every stick is easily broken. "You see my meaning," said the father.

When stories are told about Lincoln, common themes emerge: compassion, generosity, humility, hard work. Another theme is a selfless willingness to work together toward the common vision of a better, healthier city. Visitors to our city are often amazed that so many organizations are willing, even eager, to come to the table to create collaborative solutions. Lincoln is filled with people and organizations who work together to address complex problems that could not be solved alone.

CHE has seen, lived, pursued, and championed collaborative solutions for 15 years. Again and again, our community has responded. Lincoln's collaborative response to creating a stronger health care safety net for underserved individuals and families is a good example. What began as a medication assistance program has grown to become Health360, Lincoln's "clinic without walls." Now a network of more than 600 physicians, volunteers, hospitals, and nonprofits, Health360 demonstrates how Lincoln has taken the daunting issue of health care access for underserved individuals and addressed it "stick by stick." Today, because of the many partners who have shared the load, Lincoln's system of access to health care for underserved individuals is unparalleled.

Other examples abound in Lincoln.

- The considerable skill and effort of organizations like Partnership for a Healthy Lincoln and Teach a Kid to Fish resulted in four consecutive years of decreases in the obesity rates of school-aged children.
- The collaborative, peer-based work of the Mental Health Association of Nebraska and Lincoln Police Department resulted in reduced reliance on law enforcement for non-crisis mental health intervention.
- A collaboration of multiple safety net providers and their "pooled purchasing power" provides low-cost and free diabetic supplies to hundreds of uninsured individuals.

The list could go on and on.

CHE remains impressed and inspired by the individuals and agencies who take on tough issues with strength and unity. We are grateful to be part of your extraordinary efforts and look forward to our city becoming even better because of your enduring work.

Kimberly A. Russel, *Chair*

Lori Vrtiska Seibel, *President/CEO*

These grants were active during all or part of the period from July 1, 2013 - June 30, 2014.

## About CHE

The Community Health Endowment of Lincoln (CHE) exists to make Lincoln, Nebraska, the healthiest community in the nation.

To achieve our vision, CHE invests in health-related nonprofits and agencies; works to ensure a strong health care safety net and access to quality, coordinated care and medical homes; promotes healthy, active living; and convenes the community around important health issues.

CHE is a municipal endowment created as a result of the sale of Lincoln General Hospital. Since our inception in 1999, CHE has returned more than \$21 million in grants back to the community while growing our assets at the rate of inflation. CHE emphasizes building on Lincoln's strengths, serving those at highest risk for the poorest health outcomes, taking transformative approaches and pursuing effective community collaborations.

## Our Values

**STEWARDSHIP.** Using resources prudently, while growing and preserving assets.

**COLLABORATION.** Partnering to build healthy children, families, and neighborhoods.

**COMMUNITY EXPERTISE.** Valuing good ideas from the heart of the community.

**INNOVATION.** Finding new and better ways to improve the health of our increasingly diverse community.



## Funding Priorities

The CHE Board of Trustees reviews its funding priorities at least annually to ensure that grants address community needs, gaps and emerging trends. Funding priorities for 2013-2014 were:

### *Increase Access to Patient-Centered Medical and Dental Homes*

- Increase the availability of primary care, behavioral health, dental, and related safety net services through innovation, collaboration, and effective business planning.

### *Improve the Quality of Safety Net Services*

- Integrate primary care, behavioral health, and dental services to achieve evidence-based improvements in patient care.
- Build the cultural competency of organizations and providers to effectively meet the health care needs of people from diverse backgrounds and cultures.
- Use technology to improve quality of health services and patient engagement in care.
- Focus on the prevention and/or management of chronic conditions using innovative practices.

### *Prepare For Change*

- Assure that Lincoln is well-positioned to respond to new models of care on the local, state, and federal levels by developing an adequate health care workforce and implementing creative opportunities for meaningful education and outreach to diverse populations.

### *Support Healthy Living*

- Increase physical activity and prevent obesity through focused programmatic and marketing efforts, community education, public policy development and partnerships with traditional and non-traditional allies.

More information about CHE grant making is available at [www.chelincn.org](http://www.chelincn.org).

Project Name	Grant Summary	Yr(s)	Amount	Agency
Creating a Safe & Welcoming Environment	Make energy efficient repairs and renovations to provide a welcoming and safe environment for victims of domestic violence or sexual assault and their families.	1 of 1	\$20,000	Voices of Hope
Enhancing Energy Efficiency	Develop a Building Operations Plan and install energy efficient HVAC and related equipment.	1 of 1	\$20,000	Good Neighbor Community Center
NIATx Project in the Health Care Community	Improve the cultural competence of key health care providers through a structured change management process.	1 of 1	\$7,380	Lancaster County Human Services
Energizing the Movement to Prevent Childhood Obesity	Provide operational funding to prevent and reduce childhood obesity.	1 of 1	\$99,000	Teach a Kid to Fish
Growing Great Beginnings	Develop a program of educational interventions and hands-on nutrition and gardening activities for Early Head Start families.	1 of 1	\$17,637	Community Action Partnership
Be Healthy Inclusive Project (BeHIP)	Provide inclusive health and recreation opportunities to people with intellectual/developmental disabilities.	1 of 1	\$20,000	The Arc of Lincoln
Triple Play	Implement the Triple Play program which teaches club members, ages 6-18, about eating smart, keeping fit, and forming positive relationships.	1 of 1	\$10,000	Boys & Girls Club of Lincoln & Lancaster County
Nebraska Mission of Mercy 2013	Purchase dental supplies and instruments for a two-day free dental clinic in Lincoln.	1 of 1	\$17,500	Nebraska Mission of Mercy
Integrating Dental and Primary Health Care	Provide oral health education and services in the medical exam room to better integrate dental services into primary care.	1 of 1	\$29,721	People's Health Center
Hear to Learn	Install classroom amplification systems designed to improve learning outcomes for students with hearing loss and their peers.	1 of 1	\$18,000	Lincoln Public Schools Foundation
Eye Movement Desensitization and Reprocessing (EMDR) Training	Purchase EMDR equipment and train therapists to provide treatment to clients who have experienced trauma including veterans and active military members.	1 of 1	\$11,500	Lutheran Family Services
Emergency Shelter Provision - A New Model	Obtain national expertise and consultation regarding a new emergency shelter model.	1 of 1	\$8,571	Friendship Home
Community Breastfeeding Initiative	Support a Community Breastfeeding Initiative to establish community-wide policies and education.	1 of 1	\$15,000	Lancaster County Medical Society
Independence & Counseling Center	Assist in the construction and renovation of Bryan Health Independence and Counseling Centers.	1 of 1	\$50,000	Bryan Health Foundation
Sustainability Support	Assist in the purchase of a van to transport children receiving therapy in the Extended Day Treatment Program.	1 of 1	\$20,000	Child Guidance Center

# Funding Commitments 2013-2014

These grants were active during all or part of the period from July 1, 2013 - June 30, 2014.

Project Name	Grant Summary	Yr(s)	Amount	Agency
Many Nations Intensive Outpatient Counseling Program	Support a Licensed Alcohol and Drug Counselor to provide care to youth and adults.	1 of 1	\$15,000	Indian Center, Inc.
Healthy Lincoln	Provide operational funding for a collaboration of community organizations to increase physical activity and decrease obesity throughout the community.	1 of 1	\$135,815	Partnership for a Healthy Lincoln
Medical Home Capacity Enhancement	Provide community education on the Affordable Care Act and pilot video interpretation services for public and private safety net medical providers.	1 of 3	\$379,591	Lancaster County Medical Society
Diabetic Support for the Poor and Uninsured	Use pooled purchasing power to acquire diabetic supplies for low-income patients.	1 of 3	\$60,000	Lincoln-Lancaster County Health Department
Lincoln ED Peer Connections & Transitions	Provide hospital-based mental health peer specialist support for youth and adults and incorporate technology into follow-up care.	1 of 3	\$429,321	Bryan Health Foundation
Breast Cancer Diversity Outreach Program	Create a stronger breast health referral and support network for women who are Latina, African American and/or have incomes under \$35,000.	1 of 3	\$107,318	El Centro de las Americas
Accessing Medical Homes	Provide reliable medical transportation to people who are disabled, elderly and/or low income.	1 of 3	\$60,000	Madonna Foundation
Project A.L.L.	Increase the pool of diverse candidates to serve on non-profit and governmental boards and develop an online platform for engaging project participants, alumni and community partners.	1 of 3	\$27,000	Leadership Lincoln
Obesity Prevention for At Risk Children	Provide individualized lactation services to low-income, young, single, and/or non-English speaking mothers to reduce obesity rates for their at-risk infants.	1 of 3	\$30,000	MilkWorks
A Smile from the Heart Through Community Collaboration	Use the Health360 model to build capacity for dental homes by recruiting dentists and enhancing referrals and care coordination.	1 of 3	\$609,240	Lancaster County Medical Society
Improving Quality of Care & Medical Home Access for Safety Net Consumers	Use a Nurse Care Manager to help clients understand the medical home concept, treat and prevent chronic illness, manage referrals and do medical triage.	1 of 3	\$143,772	CenterPointe
Cluster-Based Planning	Enhance efficiency by identifying subgroups of clients to deliver appropriately packaged services.	1 of 3	\$150,500	Region V Systems
Health360 - Access to Primary and Specialty Care and Medication Assistance	Provide access to primary care and prevention services, specialty care and medication assistance to patients who are uninsured in partnership with the private medical community.	4 of 6	\$283,280	Lancaster County Medical Society

# Funding Commitments 2013-2014

These grants were active during all or part of the period from July 1, 2013 - June 30, 2014.

Project Name	Grant Summary	Yr(s)	Amount	Agency
Medical Transportation	Provide bus passes and experience using the public transportation system to people in addiction treatment.	2 of 3	\$5,508	The Bridge Behavioral Health (formerly Cornhusker Place)
Stepping On - Building Confidence and Reducing Falls	Provide fall prevention education and training to older adults.	2 of 3	\$38,399	Aging Partners
Access to Health Care	Purchase medical/dental supplies, equipment, laboratory, specialty services, and medications for volunteer-based health clinics.	2 of 3	\$30,000	Clinic with a Heart
Extended Hours Dental Outreach	Expand public dental health clinic services on Thursday evenings.	2 of 3	\$142,265	Lincoln-Lancaster County Health Department
Stepping Stones for Families	Provide general support to help women who are pregnant or parenting achieve self-sufficiency.	3 of 3	\$45,000	Lincoln Medical Education Partnership
Service Expansion	Provide funding to increase the availability of nursing services in the Lincoln clinic.	3 of 3	\$96,666	Family Health Services, Inc.
Youth In Action for Wellness	Provide fitness and nutrition education for youth served by out-of-home and juvenile justice programs.	3 of 3	\$133,500	CEDARS Youth Services
BUILD Project	Provide counseling services to young adults struggling with behavioral and emotional issues.	3 of 3	\$69,000	HUB-Central Access Point for Young Adults
Pre-Shelter Program	Increase the level of pre-shelter services available to women and children on the Friendship Home waiting list.	3 of 3	\$134,534	Friendship Home
Wellness Coordinator	Provide partial funding for a Wellness Coordinator in the Lincoln Public Schools.	3 of 3	\$45,313	Partnership for a Healthy Lincoln
Mental Health Peer Intervention Collaboration	Provide mental health peer specialists to help divert persons with mental illness from law enforcement intervention.	3 of 3	\$395,751	Mental Health Association of Nebraska
Transforming Behavioral Health Care	Convert paper-based patient records of targeted behavioral health agencies to electronic patient records to enable health information exchange and improved patient outcomes.	3 of 3	\$356,903	eBHIN - electronic Behavioral Health Information Network
City Health and Fitness Channel	Fund 10Health as a local health and wellness channel.	3 of 3	\$135,000	City of Lincoln



## Financials

Please contact the Community Health Endowment to receive a copy of the most recent audited financial statements.



**Community Health  
Endowment of Lincoln**

250 N. 21st Street, Suite 2  
Lincoln, NE 68503

402-436-5516

[www.CHELincoln.org](http://www.CHELincoln.org)

 [facebook.com/chelincoln](https://facebook.com/chelincoln)

CHE offers free use of our community room to local nonprofit organizations for business-related purposes during regular business hours. Contact Jodi Loos, 402-436-5516, for more information and to make reservations.

*If you wish to contribute to the health of Lincoln and make a gift to the Community Health Endowment, please contact the President/CEO, Lori Vrtiska Seibel.*