













# MAPS AND MILESTONES

2024-2025 Annual Report

## **COMMUNITY HEALTH ENDOWMENT**

Making Lincoln the Healthiest Community in the Nation



# **MAPS**

# A Decade of Place Matters

This year marked the 10th anniversary of <u>Place Matters</u>, the groundbreaking health mapping project of the Community Health Endowment (CHE).

Over the past decade, the census tract with the lowest life expectancy has seen an increase from 63.4 to 69 years.

The data also reflects notable decreases in overall poverty since 2015, another key sign of a healthier, more resilient community.

We hosted a standing-room-only showcase to explore the new Place Matters 6.0 data with over 85 community leaders and partners like the Food Bank of Lincoln and Brave fACEs.

Explore the Place Matters Maps

# **MILESTONES**

# Wins for Youth Fitness

Place Matters data revealed that aerobic fitness among Lincoln's youth declined post-COVID, falling from 74.9% to 67.5%. See the data at **YouthFitLincoln.org**.

In response, CHE convened the <u>Youth</u>
<u>Fitness, Sports, and Opportunity Task</u>
<u>Force</u>, bringing together over 30 local leaders to create a community-driven plan. The recommendations build on good work already happening, emphasizing collaboration and collective impact. Youth fitness rates are already beginning to improve.

A key partner in this effort is the Lincoln CLCs'"Get in the Game" project, winner of our first-ever Place Matters Pioneer Award, which provides free sports leagues in 20 high-poverty schools.

Learn More
About the Award

#### Groundbreaking Progress

Our work this year extended to landmark community projects, informed by Place Matters. We were proud to be a major initial supporter of the <u>Cultural Centers of Lincoln</u> <u>Collaborative</u>, a community-led project that will bring together in one shared space at 21st & Vine the Asian Community & Cultural Center, El Centro de las Américas, Good Neighbor Community Center's healthy food program, and the Malone Center's early childhood program.

We also celebrated the launch of Brave fACEs, a new project dedicated to preventing Adverse Childhood Experiences (ACEs) through awareness and education.

Read About
Our Funding Projects

## **OUR STEWARDSHIP AT WORK**

\$1.67 M

Disbursed to Community

\$1.22 M

New Grants Awarded (Includes 3-year grants)

43

**Active Grants** 

New Grants Awarded in FY 24/25

## **Funding Priorities**

Early and Adequate Prenatal Care, Healthy Food Access, Youth Fitness, and Mental Wellness and Human Connection.

TOTAL COMMUNITY IMPACT SINCE 1999

\$122.77
Million



ORI

ORIGINAL BALANCE **\$37.9 MILLION** 

O

INFLATION ADJUSTED\*

\$40.5 MILLION

GRANTS AWARDED **\$44.37 MILLION** 

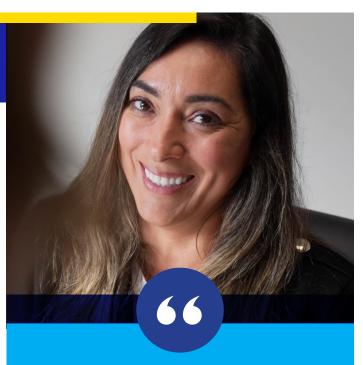
### STORY OF IMPACT

Nearly 20 years of addiction had cost Tessa Domingus her freedom and future. She felt hopeless. Then, in a prison-based program, she listened to a panel of peers. They didn't talk about what was broken; they talked about what was meaningful in their lives now.

That quiet moment is the heart of peer support. CHE's funding has helped expand the role of Peer Support Specialists, trusted and trained community members who walk alongside others in their healing journey. Their work demonstrates how lived experience can drive recovery, resilience, and community health.

Read Tessa's Full Story





To me, peer support was the beginning of hope.

- Tessa Domingus

<sup>\*</sup>Represents growth required to protect the endowment's power to serve future generations, as required by the City of Lincoln municipal code.



#### **OUR PEOPLE**

#### A Message from Our Leadership

It is an honor to serve as the President and CEO of the Community Health Endowment of Lincoln. Our mission to make Lincoln the Healthiest Community in the Nation inspires me every day.

Watching our grantees in action distributing fruits and vegetables, coaching kids playing soccer, and helping new moms and babies form strong bonds has reinforced for me the importance and power of collective vision and action.

The stories in this report and on our website show what is possible when we invest in community expertise and innovate boldly. I am proud of the work of the Community Health Endowment and the journey we are on together. Onward!

— Kate Bolz, President & CEO, Community Health Endowment of Lincoln

# **BOARD OF TRUSTEES** 2024-2025

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#### **OUR GRANTEES**

We proudly support many partners to build a healthier Lincoln.



#### THE COMMUNITY HEALTH ENDOWMENT

#### **About**

The Community Health Endowment is a municipal fund dedicated to stewarding community resources to achieve the mission of making Lincoln the healthiest city in the nation through innovation, collaboration, and community expertise.

#### Staff

Kate Bolz, President & CEO

Morgan Hermanek, Operations & Communications Officer

Kyra Nilson, Senior Office Assistant

Krista Mettscher, Grant & Community Relations Officer

